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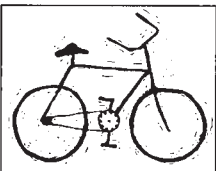
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An important message for all Americans... whatever your political beliefs

“The Bill of Rights, contained in the first 10 Amendments of the U.S. Constitution, is every American’s guarantee of freedom.”

(Harry S. Truman, 33rd President of the United States)



In May 1787, only four years after winning hard-fought political freedom from a despotic English monarchy, delegates from 13 American states met in Philadelphia to create a new form of self-government. They drafted a U.S. Constitution that included power checks and balances but no protection for individual rights.

However, many Americans insisted on strong guarantees to assure that this new government could never revoke their newly won freedoms of speech, press and religion or their protection from unjustified search and arrest. Four more years of national debate ensued until popular sentiment for these guarantees won the day.

Drafted by James Madison and inspired by Thomas Jefferson who declared, *“A Bill of Rights is what the people are entitled to against every government on earth, general or particular, and what no just government should refuse,”* the first 10 Amendments of the U.S. Constitution—the American Bill of Rights—were passed by Congress on September 27, 1789 and ratified on December 15, 1791.

Today, all agree that America must be effectively protected from terrorist attack. However, in hastily passing the 2001 “USA PATRIOT Act,” Congress expanded the powers of government to spy on individuals, reduce judicial oversight of such activities, and ultimately increase the secrecy with which the Justice Department operates. This should concern every American citizen. Some of the new abridgements to Bill of Rights protections are listed on the reverse side.

History demonstrates that restricting citizens’ rights has never halted terrorism. Today as in the past, nations having the most restrictive security imaginable have not halted terrorism but in fact helped to increase it. Giving up our freedoms will not make us safer.

Under the 2001 USA PATRIOT Act, federal departments and agencies can initiate actions against American citizens and legal immigrants that were formerly prohibited by the Bill of Rights. For example, they may:

- accuse American citizens of the new crime of “domestic terrorism” without revealing evidence, and can jail individuals indefinitely while denying them a lawyer, trial or judicial appeal.
- name any group—foreign or domestic—as a “terrorist organization” without such definition undergoing judicial review.
- order wiretaps and computer surveillance to obtain private medical, financial, business and education records.
- secretly infiltrate and monitor religious and political meetings where there is no evidence of criminal activity.
- secretly search private homes and business offices without probable cause and without revealing agents’ activities.
- prosecute librarians and other records keepers if these persons fail to reveal information or say that agents demanded such information from them.

Under the proposed Patriot Act II, the government could strip citizenship from any American who provides support for a group designated by the federal government as a “terrorist organization” (section 501). It would not be required that the person knew or intended his/her actions to support a terrorist group. Under this provision, an individual’s innocent donation to an overseas orphanage that the Attorney General believes is affiliated with a “terrorist” organization could result in loss of citizenship.

If these excesses alarm you, join with millions of Americans—conservative, independent and liberal—who believe these erosions of the American Bill of Rights are undermining fundamental citizen rights. Share your concerns with Senators George Voinovich (202-224-3353) and Mike DeWine (202-224-2315) today.

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Visit www.aclu.org and www.acluohio.org to see how you can help protect and preserve America’s Bill of Rights



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www.clevetourclub.org

Welcome to New Members

Well, this month, for the first time ever, there are no new members. So welcome to old members. All of you. Welcome to the club!

Horsey Hundred

Ahh Kentucky Bluegrass!! CTC Members **Elise Auerbach, Alicia O'Hanlon, Gloria Costello** and I headed south for The Memorial Day weekend 'Horsey Hundred' based out of Georgetown, KY. It was a beautiful, sunny, 75-degree day on Saturday as we headed out for 54 miles of rolling hills, with a stop at Keeneland racetrack and enjoying sweeping views of million-dollar thoroughbred farms with frolicking future derby winners eyeing us as we peddled by. Alicia and Gloria were quite the troopers as I had forgotten to confirm our hotel reservations. Gloria had slept curled on a love seat with broken springs and Alicia on a thin bumpy mattress on the floor! All was forgiven when Saturday night we switched hotels and were given the 'Wildcat Suite,' aptly named as we enjoyed watching Gloria jump on the bed and we all stayed up late telling tales we will neither confirm nor deny! Sunday started out fair enough, overcast but with a plan to conquer a mere 37-mile loop. With 13 miles to go, a pelting rain began to fall. The rest stop offered us blue plastic Wal-Mart shopping bags for makeshift rain gear and we peddled the remaining miles with upside down smiley faces on our chests, in the pouring rain. I think my shoes are still drying. T'was a great ride and even better company. Would I change anything? Neigh.

— **Kate McCausland**

Check Your Chain

I've been commuting to work on my mountain bike (slicks, fenders, lights, etc.) off and on for a few months since I changed jobs and increased my mileage from 10 to 32 (round trip). My bike has been used quite a bit (I've commuted on shorter routes for over 12 years) over the past few years and the bike has been maintained on a pretty regular basis. That is why I was so shocked when my chain snapped and I almost had a disaster on Friday evening.

I was riding home on a fantastic day and the traffic was manageable. I came to a intersection and there were quite a few cars inching up waiting for the light to go green. As the cars moved forward I accelerated to get up to speed. Just as I got going I stood to get some power and speed and my chain snapped clean and I went down hard. Because I'd lost balance so quickly I never had a chance to adjust or recover. Instead I was suddenly veering for the curbing and (luckily) the grassy berm area. I did a major face plant on the grass glad I had my helmet on: only a slight bruise on my right forehead. The largest injuries were an abrasion on my right thigh and right shoulder (like a stingy rug-burn that looks nasty). A few inches to the left I would maybe not be here writing this. Hitting your face on a concrete curb or road surface would not have been pretty. I prefer not to think about the consequences too hard.

Of course a day later I'm feeling aches and pains like the bruise on my other inner thigh that the seat and top tube smashed against. Overall I'll live to ride another day (hopefully a club ride tomorrow). I didn't have a chain tool (who thought I'd need one, next time I will) so I called on the cell phone and my lovely wife came and rescued me (a half-hour drive through traffic).

Only one person stopped to see if I was alive or dead. The lady immediately behind me in traffic said she would go down the street and find the police station. Guess what? I was waiting on the side of the road for over 30 minutes and no rescue or police showed up. Hmmmm?? Maybe a downed cyclist in a ritzy, affluent area didn't seem to concern them. I should have been driving a Mercedes and they would have rushed to help.

Final comment is: check your chain more often than you think you should. Chain stretch, wear, low quality can all contribute to failure. I immediately went out today and bought a new chain for the commuter bike (\$20.00) as well as another bike (single-speed fixed gear) that has some miles on it. Chains are cheap compared to plastic surgery, broken bones, brain injury, etc. I've learned a lesson after riding bikes for over 30 years. You are never too old to learn something new. Be safe out there and check your stuff.

Andy Carpenter is on the mend but has decided to eschew chains for the time being. He now pushes himself to work on one of those little silver scooters.

Ride Schedule

Weekdays

6:30 PM: Tuesday eve large group ride - Concord Woods

7:00 PM: Wednesday eve casual small group ride - North Chagrin

6:30 PM: Thursday eve large group ride - North Chagrin

9:15 AM: 2nd Tuesday every month casual fun rides:

Sept. 9 **Polo Field** Chagrin River Rd. Ride South Chagrin Pkwy. to Bridal Falls, bring food for lunch

Oct. 14 Thompson Square Rt 528 Our annual fall color scenic ride. Lunch in Thompson

Saturdays

9:00 AM: Pickup ride – North Chagrin

Sundays

Sept. 1	8:30	North Chagrin Labor Day pickup ride Hilly.
7		Helen Hazan Wyman park Thompson (25), Leroy (45) Rolling/hilly
14		Cleveland Hts. Coventry New Tour De Heights Flat city streets
21	9 AM	Northfield Center to Hinkley Lake, Medina (25,40,68) Rolling/hilly
28		Ferrante Winery Covered Bridge/Mad Dog ride (20,40,60) Rolling/hilly Winery opens at 1 PM
Oct. 5		Landerwood to Walden (35), Mantua (55), Hiram (75) Rolling/hilly
12		North Chagrin Eddy's Fruit Farm Ride (30,45) Hilly



September 2003 Calendar

Day	Date	Starting Point	Destination	the etc's
Mon.	9/1	Amherst Shupe	Probably Vermilion for 25 holiday miles	
	9/1	Lake Erie Wheelers	Hawaiian Shirt ride to the Flats	
Sun.	9/7	Amherst Shupe	Wakeman	Via Dean Road!
Thurs.	9/11	Nordson Depot	6:00 PM 7:30 PM	Prolog ride of 20 miles A REAL meeting!
Sun.	9/14	Oberlin Inn	Valley City	50 or so – nice route!
Sun.	9/21	Amherst Shupe	Wellington	50ish and flat
Sun.	9/28	Oberlin Inn	Medina	A solid 60!

Other rides ... about 25 miles:

Saturdays start at 9:00 from Prospect School, unless somebody has a brainstorm. It's best to call Friday night to see if there is change of plan. Guaranteed we'll get in 25 to 50.

Tuesdays will start at 5:00 from Prospect, since Ralph is the only job holder who comes out, and he can make 5:00. We'll rearrange for anyone who needs 5:30 or 6:00. Call.

Thursdays are from Amherst Shupe at 6:00. The Oberlin contingent leaves at 5:30 to ride up.

Keep your eye on the Web site for changes to the evening times. We may have to make em earlier by the end of the month 'cause of failing light.

The **ROAST** has come and gone and again, this year, we had pretty rotten weather! Although it rained overnight and the roads were wet, everyone that rode stayed dry. The roads started to dry off by 9:00 or so and even though it looked like we were going to get wet any minute, we didn't! Even the dozen or so that rode the full 70 miles, stayed dry except for a sprinkle or two ... not enough to get wet. There was a misty rain in the Oberlin area about 11:30, but not hard enough or long enough to really get wet. One of these days, this ride will live up to it's name and we'll roast our buns!



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Contact the following for information

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Vice Pres.:	Tom Dease	330-725-1058	tjmd@aol.com
Treasurer:	Glen Hinegardner	330-725-8430	biker10260@aol.com
Ride Coord.	Tom Byerly	330-723-4782	teberly@lxdesign.com
Ride Coord.	Carl Bidinger	330-336-5190	crbidinger@westfieldgrp.com
Secretary:	Dave Ling	330-725-3974	db13000@aol.com
Mtb Coord.	Dave Towne	330-321-8758	djtowne@earthlink.net

Thanks to all who volunteered, sponsored or rode in the 2003 Ice Cream Odyssey !!!

Our dedicated team of volunteers was rewarded with a beautiful day to spotlight some of the great roads Medina and Wayne Counties have to offer. Along with the great routes our cooks, Lee and Joe, were kept busy flipping burgers to keep up with the steady stream of riders while Sue B. and Debra E. baked cookies and served ice cream to satisfy the post ride cravings.

In addition to those who helped at Buckeye Woods, I would like to thank the folks who marked the route; they even humored me and used the ice cream cone stencils: Lou V., Dave P., Dave L., and believe it or not, Tom Dease. Also our sag wagon drivers: Dave L., Tom Dease, Ian H., and Bob Iden from ABC.

Most of all I have to thank Glenn & Carol Hinegardner without whose help with preregistration, registration, storage of equipment, filing, banking, hauling, never complaining, etc., etc. our ride would never come off so smoothly.

If I forgot anybody like Tom Waterson I apologize. Thanks again for all your efforts in making this year's ride a success!

— Shawn

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Yo, Wheelers!



It's deja vu all over again! I hear from our leaders that rides starting from points other than the "J" have been successful. If you will recall, we used to do this all the time so we would always have new and interesting rides. Interest waned, and we confined ourselves to local starts. Now our new and active leadership is finding that other start points have been working well.

Last month I advised that water bottles should always be washed in the dishwasher after every use to prevent the growth of bacteria. This month I am advocating carrying cell phones, turned off of course (unless you are "on call"), in case of an emergency. Before cell phones, we always carried a quarter!

Rider of the month is Howard Levy. A lawyer by profession and a bike rider by avocation, Howard came to us a few years back. Since then he is currently on his third bicycle, a high-tech marvel. Those who ride with him attest that he is the most improved rider in the club and is always near the front of the pack.

Keep up with the club. Watch our Web site at:
www.westernreservewheelers.com.

May the Wind Be Always at Your Back

— Ed Reichel

Western Reserve Wheelers Ride Schedule

DATE	TIME	START	MILES		
			A	B	C
09/01	8:30	JCC: Jewish Community Center	??	??	??
09/07	8:30	JCC: Jewish Community Center	--	41	--
09/14	8:30	Sunset Pond	40	--	--
09/21	8:30	Ferrante Winery (Rt.307, 1 mile W. of Rt. 534)	70	--	--
10/05	9:00	Chagrin Falls Parking Lot	48	--	38
10/12	9:00	JCC: Jewish Community Center	50/42	42/38	28
10/19	9:00	JCC: Jewish Community Center	--	30	--
10/26	9:00	JCC: Jewish Community Center	--	35	--
11/03	9:00	JCC: Jewish Community Center	Pick-Up Ride		
11/10	9:00	JCC: Jewish Community Center	Pick-Up Ride		
11/17	9:00	JCC: Jewish Community Center	Pick-Up Ride		
11/24	9:00	JCC: Jewish Community Center	Pick-Up Ride		
11/27	9:00	JCC: Jewish Community Center	Thanksgiving Day Pick-up Ride		



NOTICE: Any nonmember guest who has not signed a release will not be considered, for insurance purposes, as a part of the club, nor will they be entitled to any protection afforded by the club insurance policy. In addition, all minors must be accompanied by an adult and must have a release signed by parent or guardian.

New group formed, hosts Rolling Block Party Sept. 6

from a press release

A citizen-led bicycle advocacy group called the Friends of the Circle-Heights Bike Network formed in June with the goal of improving conditions for bicyclists, and connecting great destinations by bicycle in University Circle and the surrounding Heights. The group holds monthly, open-to-the-public meetings at the Coventry Road Library, and has started to plan ways to improve conditions for bicycling.

Plans include a wayfinding sign program; The Rolling Block Party, which is a ride through select streets in order to identify road hazards; and a campaign to eliminate those hazards.

The Rolling Block Party will be held from 2-4 p.m. on September 6, gathering at Coventry Elementary parking lot at 1:45 p.m. Anyone with a bicycle with wheels larger than 14 inches in diameter (helmets required) may join. Participants will be placed in a small group assigned to ride, survey and document hazards on a portion of the Bike Network (if you're interested, call (216) 961-5020 or email ryan@ecocitycleveland.org to RSVP). The event is modeled after the former Committee for Public Art1 "Street walker" event, where people participated in a walking survey of downtown Cleveland streets. Groups of two to three people were given an 'amenities scorecard' (noting the presence of benches, lighting, etc.) and were asked to evaluate their walking experience on a series of blocks. Similarly, the Friends group will receive a scorecard that each group will use to evaluate segments of the Circle-Heights Bike Network. Groups will turn in their results and are invited to join in a post-survey party. Volunteers will then format the results into an overall report, and follow up with appropriate city staff to get the hazards eliminated. The event and group is a proud partner of the grand reopening of Coventry Road celebration.

The Friends group was inspired by the efforts of EcoCity Cleveland to conceptualize and map the Circle Heights Bike Network. The network and map grew out of a year long public planning process to identify bike routes, destinations, problems, missing links and then advocate for improvements. For more information about the network, use this link to the EcoCity Cleveland Web site:

www.ecocitycleveland.org/transportation/bicycles/circle_heights/circle_heights.html

To receive a free copy of the Circle Heights Bike Network map, send a self-addressed stamped envelope (standard business size, at least 4 by 9 1/4 inches) with 60 cents postage to: EcoCity Cleveland; 3500 Lorain Ave. Ste. 301; Cleveland, OH 44113.



A Letter from Vetter

by Lou Vetter

Stung: No, not the musician but one of Medina's noted local resources, a bee. We were a small group of just four riders and we were headed to Wooster for breakfast. We hadn't gone a mile yet when I saw six legs and a big furry body headed straight for my face. Too late to dodge out of the way, I shut my mouth, no easy task mind you, and felt him land firmly on my lips. I was the second rider in the pace line and I tried to maintain my line while I reached up to brush the little buggie off. Mr. Bee had a tight grip on my lip and I only managed to wipe my hand over him and make him mad enough to sting me. My next try was to actually grab the bee and to throw it to my left, into traffic I hoped, since by this time I had already been stung. Tom was riding behind me and asked why I was jumping around so much. When I told him I had been stung he rode up along side to see the damage. My

lower lip was beginning to swell and I had a small drop of blood at the site of the sting.

We decided to stop and make sure I was OK. I have no past history of

allergic reactions and felt fine except the skin on my lips was beginning to get tight due to the swelling. I reasoned that since I tolerated stings as a child I could continue to ride and the physical exertion would help my body to fight the toxin in the sting. Well it worked pretty well as far as I am

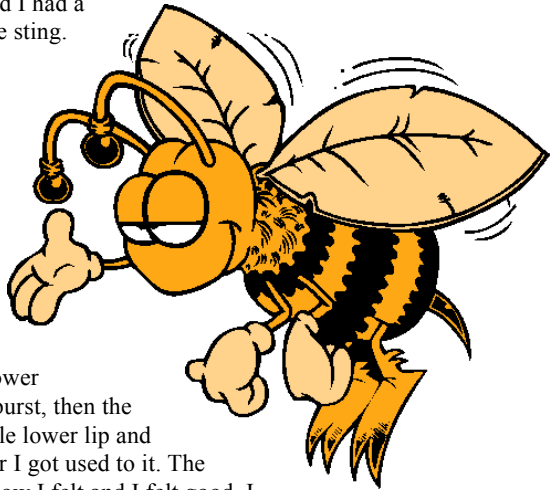
concerned. My lip swelled on the lower

left to the point I thought it would burst, then the swelling evened out across my whole lower lip and the bursting sensation went away, or I got used to it. The

guys kept checking on me, asking how I felt and I felt good. I was riding faster and leading the pace line even up some slight

grades. When you are pulling the pace line up hill at 20 M.P.H., people stop asking how you are feeling and just ride. By the time we reached Wooster my lip was much better but I had a swollen lump on my lower left jaw. I kind of looked like Marlon Brando in the "Godfather."

On the way back the swelling subsided even more and I was still riding faster than my normal pace. I can only attribute this to the bee sting. Scientists have proven that according to the laws of aerodynamics, bees cannot fly... but they do. So now I'm thinking I need to set up a beehive in my back yard and subject myself to a sting before every ride to enhance my performance.



Ice Cream Ride: This year the ride grew to over two hundred riders. Most of whom rode the 42- or 62-mile routes. The weather was great with low humidity and moderate temperatures. The ride also shared some of the same roads as the ABC ride and the Woo City Century. This year the club chose to use pink paint to mark the roads to avoid

confusion with other rides sharing the same roads. On our practice run to West Salem we were surprised to see the Wooster ride had used pink markings also. Club prez to the rescue, Shawn showed up at the road marking party with templates to distinguish our markings from all others. The template was intended to look like an ice cream cone but the scoop of ice cream was too big for the cone and I thought it made a pretty good “Dan Henry Arrow.” Nobody got lost and everyone seemed to enjoy the cookout at the end of the ride.

Solo to Orrville: I had some free time to ride so I left the house early to get breakfast at Mrs. J's in Orrville. The ride down was pretty uneventful and I thought I was riding well until I got to Orrville and realized I had a tailwind all the way down. On the way back I rode on Route 94 north through Marshallville and on up to Wadsworth. I kept hearing a clicking sound and checked for a loose spoke but the spokes were OK. I was winding my way through the residential neighborhoods looking for Hartman Road and as I was coasting down one of the side streets I had the sensation of slowing down and I wasn't even touching the brakes. I stopped and checked the wheels for alignment and brakes for rubbing. Both were OK. I kept riding and decided to find a spot to stop and really check things over. After crashing in Pittsburgh I was determined to keep the bike in good mechanical shape. I pulled over onto a driveway without a house. I turned the bike upside down and grabbed the front wheel to give it a spin. It was locked up tight as a drum. I took the wheel out of the fork and that's when I noticed the gap between the lock nut and the bearing cone. I tried to loosen the cone realizing now that the clicking noises I heard must have been the ball bearings being crushed against the race inside the wheel hub. I stopped carrying cone wrenches in my bike bag years ago and had no way to loosen the cone nut. After a couple of tries at using a spoke wrench then my chain tool I finally figured that if the bearing cone tightened all by itself it could just as well loosen if the wheel would spin the opposite direction. So I rode backwards all the way home. No, what I did was to mount the wheel in the fork backwards. The magnet for my bike computer was now on the wrong side but I didn't care since the cone actually backed off enough to allow me to ride back home safely. The ride ended with 55 miles and a trip to the bike shop for a quick repair.

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Membership Chair: Dan Izuka – (440) 734-5777

LEW Club Weekend & Holiday Ride Schedule

- Sep. 1 10:00 Holiday Hawaiian Shirt Ride - Scenic Park to the Flats for lunch – 30 flat miles
- Sep. 7 9:00 Creston to Destinations Unknown – 50 to 80 miles or thereabouts
- Sep. 14 9:00 Bonnie Park to Peninsula – miles
- Sep. 14 10:00 Bike Path Series: Canal Visitor Center, Towpath to Peninsula – 24 mi.
- Sep. 20 9:00 Women's Only Ride: Lodi to Wooster – 40 flat miles
- Sep. 21 9:00 Valley City to Lodi and Wooster – 40 or 80 miles
- Sep. 28 9:00 Malabar Weekend – Saturday/Sunday starting from Malbar Farm Youth Hostel
-
- Oct. 5 10:00 Brecksville to Chagrin and Burton – 45 to 65 miles
- Oct. 12 10:00 Brecksville (Station Road) to Kent – 45 to 55 miles
- Oct. 12 10:00 Bike Path Series: Alexander Road, ABC Trail to Kent – 22 miles
- Oct. 18 10:00 Women's Only Ride: Lakewood Park to Euclid – 40 miles
- Oct. 19 10:00 Canal Visitor Center to someplace else and back, surprise!
- Oct. 26 10:00 Olmsted Falls to Grafton and Wellington – 30 to 60 miles

Ride Start Locations

- Alexander Road Parking lot on Alexander Road, at north end of ABC Trail, west of Dunham Road (additional parking at Alexander & Dunham).
- Bonnie Park In Strongsville, in the Mill Stream Run Reservation, west of Albion Road & Valley Parkway.
- Brecksville in Cuyahoga Valley National Park, at Station Rd. parking lot east of Riverview Rd. (just south of Rt. 82).

Canal Visitor	Along Towpath Trail, off Canal & Hillside Roads, in Cuyahoga Valley National Recreation Center.
Creston	Parking lot of Creston Middle School, on west side of South Main Street (Ohio Rt. 3) and East Baum Street, in Creston, Ohio.
Lakewood Park	Picnic area & parking lot, in Lakewood, north of Lake and Belle Ave.
Lodi	CVS parking lot at Rt. 83 & US 42, in downtown Lodi, Ohio.
Olmsted Falls	Olmsted Falls East River Park, on Lewis Rd, between Bagley and Water Street, across from Chestnut Grove Cemetery.
Scenic Park	Parking lot at marina in North Rocky River Reservation, off of Valley Parkway ½ mile south of Detroit Road, in Lakewood.
Valley City	Liverpool Elementary School, at West River Road and School Street.

Weekday Rides

Tuesday Evenings – Short, slower (C-pace) rides starting from parking lot behind Fairview Park Post Office at West 220th Street & Lorain Road, 6:30 p.m., weather permitting. Call Bob Ugan at (216) 695-0038.

Wednesday Evenings – The Ice Cream Rides will leave from the Olmsted Falls Public Library lower parking lot at 6:30 Wednesday nights, weather permitting, of course. These qualify as B or C rides, with distances varying from 20 to 30 miles, and will be led by Marc Snitzer and Greg James. For more information, contact Marc Snitzer at (440) 236-3017, email at msnit@juno.com, or Greg James at (440) 331-9419 (email at clockwerke@aol.com).

Regular Club Wednesday Evenings – Moderate to fast pace (B to A) 20-30 mile rides, weather depending, starting at 6:30 p.m. from Kamm's Corner parking lot at Lorain Rd & Rocky River Dr. (Rt. 237) in Cleveland (behind Pizza Hut), Call Ed Wheeler at (440) 572-1122 (email at wheels@ameritech.net) or Doug Barr at (440) 734-1715 (email at ospdoug@aol.com).

Thursday Mornings – No longer a club ride, but members are welcome to attend. Begins at 9:30-10:00 a.m. and finishes around 2:00 p.m. Rides will be at a moderate pace © and will include lunch at a restaurant along the way. For starting location & other information, contact John Glasgow at (440) 777-7392 or email at jglasgow2@msn.com.

LEW WEB keeps club informed of late breaking news

To keep informed of late breaking news and location of rides during the year check the LEW club site out at: <http://www.lakeeriewheelers.org>. The LEW club email list is at lakeeriewheelers@yahoo.com. If you aren't receiving weekly ride updates and have email, let us know and we'll put you in the address book.

Club Ride Pace

In the interest of looking out for the well being of club members and guests, each ride will have a Ride Leader, who volunteers for the month, and a defined pace. Their responsibility is to keep the main group at that pace, and ensure that no riders are left behind. All riders must wear an approved helmet

If the scheduled ride for any given date is an invitational, or starts outside the tri-county area (Cuyahoga, Lorain, Medina), a pick-up ride will start from the Olmsted Falls Library at the normal start time for the month.

The Ride Leader for the weekend/holiday riders for this month is Tom Meara. As of this writing, we are anxiously awaiting volunteers for Ride Leaders for October. If no one

has stepped forward, leaders will be selected from amongst members attending the rides, and maps may not be provided.

As the riding season begins to wind down, with earlier sunsets each day, the use of reflectors and lights (front *and* rear) is strongly recommended during evening rides, in order to reduce the risk of accidents and collisions. It helps to see the road, and the traffic on it, and to be seen by other users of the road.

The 2003 Ohio Bike Path Series

These are “C” level rides, beginning at 10:00 AM, with a stop for lunch. All riders must wear a helmet and be club members, unless a signed signature card is obtained in advance. All children under 16, who wish to ride, must be accompanied by an adult.

Upcoming Ohio Bike Path rides for this summer and autumn:

Sept. 14	Towpath (Canal Visitor Center to Peninsula)	24 miles	John Whitaker
Oct. 12	Kent (Alexander Road ABC Trail to Kent)	22 miles	Dan Izuka

The July Path ride was fairly well attended, with nearly a dozen riders joining up with the regular Sunday riders at the Rock Hall. After taking a quick spin around the docks to gaze at some of the tall-masted sailing ships, we followed the Lakeshore bike path and route through Bratenahl, the East Side, and Euclid. Along the way, in Gordon Park, we were joined by a pair of East Side residents who had just moved here from Los Angeles, who accompanied us to Maria’s in Euclid, and back to Gordon Park.

The August Path ride was set aside for the day, as everyone present just wanted to enjoy the good weather, pleasant company, and Greg James’ excellent ribs.

The 2003 Club Picnic

Heartfelt thanks are extended to all who showed up at the LEW Club Picnic on August 10th, and especially to the volunteers who helped make it a reality. Thanks also, to our own “Iron Chef – Wheelers,” Mr. Greg James, who outdid his previous year’s culinary performance with some excellent barbecued ribs, steamed veggies, and salmon. The hand-squeezed lemonade was a hit this year, as it was last year.

2003 “Women Only” Ride Series

In an effort to expand the types of riding that the club organizes, we’ve decided to offer a *Women’s Only* ride on the third Saturday of each month. Contact Bonnie Vargo at (216) 226-5918 for details. Rides are listed in the Weekend & Holiday Ride Schedule.

LEW Wear

We’ve arranged to have the LEW Logo embroidered on a cotton two-button sport shirt or an alternate garment (shirt or jacket) of your choice. So far the response has been sporadic, barely sufficient to cover the cost of setup. If you are interested in a LEW Logo shirt, please send an email to lakeeriewheelers@yahoo.com.

Bob Parry reports that new jerseys are available, and that the cost is about \$55.00 per jersey. If any members are interested in buying one, they should call Mr. Parry at (440) 779-8392 (or email at bob.parry@june.com) to put in a reservation for a jersey. We are hoping to have at least a dozen people interested in buying jerseys.

Touring Division News

Tom Meara, as Chairman of the Touring Division, is interested in attracting LEW members who have are enthusiastic about touring, overnight and otherwise. Anyone interested can call him at (440) 777-2563, or email him at tom_meara@hp.com. Volunteers for Ride Captains are needed. Proposed overnight tours include:

Date	Route	Ride Captain
September 13-14	Westlake to Put-in-Bay	Marty Cooperman
September 27-28	Olmsted Falls to Malabar	Tom Meara, Bob Parry

Prospective riders are expected to be physically fit, properly attired & equipped, with bicycles suitable for the routes in question, and adequately maintained.

Club Meetings Return in October

The next regular club meeting will be held on Tuesday, October 7th, at the Panera Bread café in North Olmsted, at 7:00 PM, and on the second Tuesday of each month thereafter. In the event of changes, members will be contacted.

Charlie Martin's Progress

As of July 23, Charlie had been home resting for a week and was intending to head back for the last 500 miles soon. He experienced knee pain, and since he was ahead of schedule, he decided to rest before he tackled the White Mountains in NH. Charlie had decided to take his rest in Cleveland, and was recently seen at the club picnic on Aug. 10 (or maybe he found the idea of Ribs a la James to tempting to pass up). We are anxiously awaiting word as to whether he will finish the Appalachian Trail before the season's end.

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