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October 2003

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ELECTRONIC ACCESS: Via email: editor@crankmail.com. To subscribe to the forum email list (free), from the email account where you want to receive messages, send a blank email message to: crankmail-bike-subscribe@topica.com

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“Epitaph on a Scolding Wife by her Husband:
Here my poor Bridget’s Corps doth lie, she is at rest, – and so am I.”
— *Poor Richard’s Almanac*

Changes Coming to *CrankMail*

Some readers may have heard the gossip or picked up the small mention made in last month's issue of *CrankMail*: I'm going to be quitting as editor and publisher at the end of this year. In case you are wondering, I've been editor since January 1985.

This was a difficult decision to make as I do enjoy the act of publishing this small magazine. The thing is, I've only so much time to devote to such things as *CrankMail*, my continuing education, and other interests. My wife, who serves as family bookkeeper, tracks *CrankMail*'s finances as well; The Clockwork Press is a sole proprietorship and, therefore, must be accounted for in our annual income tax filings ... more work that she doesn't need.

So it's time to escort *CrankMail* into the next phase of its existence. I've been communicating with a group of Cleveland area cycling leaders who feel, as do I, that *CrankMail* serves an important role in our community. I'm hopeful that a new group will not only continue *CrankMail*'s tradition of service through communication but also breathe new life into it.

Independent subscribers should know that your subscriptions will continue under "new management." In a "worst case" scenario where *CrankMail* folds at the end of the year, prepaid subscribers would receive prorated refunds.

Let's not worry about that now. As I indicated, *CrankMail*'s future looks promising and I'm looking forward to having a little more free time. I hope to have all the details in place by next issue (Nov./Dec. 2003) and will make a complete announcement then.

James Guilford, Editor & Publisher
The Clockwork Press
September 2003

You Can Subscribe!

If you're not a club member you can get *CrankMail* by subscription! One year of *CrankMail* (10 issues) costs only \$11.88 (new subscribers only). Send along a check made out to "The Clockwork Press," and clearly write your name and mailing address below. Renewals are \$12.96 per year (prices include sales tax).

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Cleveland Touring Club
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www.clevetourclub.org

Welcome To New Members

Pierre Lafaye of Concord, **Lou Olszewski** of Mentor, **Patrick Keebler** of Cleveland Hts.
Welcome to the club!

Cycling up a Storm

I had just returned from a two-week cycle-camping trip and found myself restless, unable to adjust to a life of indoor ease and comfort. A lovely July weekend was coming up and I thought of **Anastasia**. We had talked about a two-day tandem weekend ride in the spring and here it was already mid-summer. I asked if she was interested, she pondered the question for a moment and then decided; she'd go.

My gear was still airing out from the earlier trip, so it took only an hour to pack it all up into four panniers on the tandem. Anastasia brought over her pedals and saddle and the bike was ready.

Our initial thought was to stay at the lovely Malabar Farms youth hostel near Mansfield, but they had no room left for Anastasia. I suppose I could have taken the bed available to me and offered her alternative accommodations on the tandem, but it seemed ungentlemanly. Besides, the tandem has no kickstand and I worried that she'd not be able to keep her balance while asleep. So camping it was. We decided on Charles Mill Lake not far from Malabar, near the city of Ashland, about 100 miles away.

We left at dawn. Well, we were supposed to leave at dawn, but Anastasia had some intestinal upset and made it over around 8 AM Saturday. After packing her gear in the panniers, we left for one of the most important rituals of a Cleveland Heights start...bagels at Bialys. We each got two. Bagels are wonderful bike food: indestructible, tasty, and full of carbohydrates. If you don't have panniers and are at a loss as to how to carry them, you can string them through their holes in double bandoliers across your chest like the Mexican bandits in old western movies. And now if someone asks you why bagels have holes, you can tell them.

Once in the Cuyahoga Valley we saw the closed towpath, and the damaged railroad tracks suffered during the heavy rainstorm of the previous week as the Cuyahoga River flooded nearby roads and trails. We stopped at Peninsula for a break and encountered dozens of riders which tickled Anastasia no end. One tandem couple came over to chat for a while and were amazed to learn how long our trip was.

Climbing out the west side of the valley we came upon this same couple, waiting in their van and offering us route advice when my vaunted sense of direction did what it often does: fail. They recommended the River Styx. With a name like that we couldn't resist, and indeed, there is both a road and a hamlet by that name. The little grocery sold us pop and ice cream and even offered their rest room despite a sign to the contrary. I commented on Anastasia's habit of drinking diet pop while gobbling down mouthfuls of energy bars and she immediately grasped the irony.

There are several very pretty villages to the south and west of Cleveland. We had a pancake and eggs breakfast in mid-afternoon despite a sign saying breakfast only served until 2 PM, in an old restaurant in Seville's lovely brick-faced main street. A family with three little kids came by to admire the tandem before setting off for their own ride to a nearby park.

We followed a route that took us south through Creston and Smithville, both pretty towns, before turning west, just shy of Wooster. We planned to save Wooster for the way back.

West brought us some moderate headwinds but more pretty towns, although by now, in hot, humid conditions, we were beginning to wilt. As the day waned, so did our enthusiasm, and by the time we purchased the fixings for that night's dinner and turned the corner at Mifflin, we were about done in by the sweat generated from climbing the many hills. The sign at Mifflin said "Charles Mill Dam 2 miles." Thankfully we turned south, rode a few more hills and came upon the dam. But not the campground. Some kind people directed us back to Mifflin and the right direction but I must admit I was discouraged and had hit the low point of my day. Anastasia, by now suffering from an uncomfortable riding position we couldn't seem to fix, still kept her spirits up and mine as well. Back to Mifflin, on to the campground, where the lady at the booth asked if we wanted to "ride around and pick a site." We emphatically declined. "Pick one for us" we demanded, and a few moments later were unloading the bike.

It was pretty late by the time we showered, but it restored our spirits, as did the gourmet dinner of Rice-A-Roni and canned vegetables. I had learned the fine art of camp cooking on previous bike trips and had perfected it on the two-week trip just ended. We took a late evening walk strolling the lake shore amongst the pontoon boats at the marina which did a nice job of loosening up our muscles before we crawled into the tent. It was warm enough that we lay atop the sleeping bags, and only in the wee hours of the morning did I become chilled enough to slither into mine. Anastasia never made it that far. She told me the next morning she couldn't find how to get into hers. I guess it was too dark to read the instruction manual.

After a quick breakfast we were off, Anastasia's butt hurting more than yesterday and us taking frequent butt-breaks. I suggested a second breakfast at a restaurant and the thought of being off the bike was too much for her to resist. The chef lost our order so we had some time to check maps and chat before downing a proper amount of calories for the task ahead. The time we lost seemed inconsequential then but not later.

We took a different route back, stopping in Wooster for some of that wonderful Woo City ice cream. The day was quite hot and the sweat ran freely. We chatted about our prior lives, me riding my bicycle through New York City and Anastasia romping through the cornfields on her way to school in Lexington, Ohio. She loved the look of the rolling farmland filled with corn to the horizon. Then, peculiarly, she asked what those funny brown stringy things were hanging off the corn plants. I had to inform her they were the tassels of the corn. The very corn she had observed on her way to school for many years. It would be like me pointing to a taxi and asking her what those funny yellow cars were. HmMMM.

Anastasia was having an awful time with the saddle position and began yelping every time we hit a bump. I felt bad for her but could think of nothing that would improve her comfort. She had recently completed back to back centuries on that saddle on TOSRV so it was certainly the position on the tandem that was causing the problem and not her inexperience with long rides. We stood on every downhill and I scrutinized the ground for bumps which we'd also stand for. Our attention was diverted by the many detours and road closings as county after county took advantage of the summer weather to repair roads and bridges. We never let the detours stop us, just walking around the barricades and past the construction.

At Doylestown, we took a break under the overhang of a pharmacy, nibbling snacks and using the rest rooms, and then found ourselves perfectly situated to wait out a passing thunderstorm. Congratulating ourselves on our luck we proceeded north and east towards Norton and Akron. And then the sky darkened.

My maps were perfectly good in navigating us through the countryside. We followed the AYH maps to Charles Mill and Lake Erie touring maestro Bob Parry's maps on the return. But seeing the ominous sky we chose a shortcut through Akron and got...well... not exactly lost, but not exactly certain of our way, either. Rain started to fall, first lightly, and then with increasing intensity. By the time we were in downtown Akron it was bucketing down so hard the streets began to flood and cars were turning their lights on and pulling over to the side of the road. My glasses were flooded too and I could see little. With lightning and thunder all around us we were in the center of the storm. Finding no shelter we continued on across the bridge over the Cuyahoga River, finally ducking under a used car lot canopy. The storm raged as water gushed out of downspouts and off roof edges. There was no possibility of keeping any part of us dry but fortunately the temperature was still warm. Anastasia, a first whooping with delight at the rain, suddenly turned somber as the lightning struck. We were utterly soaked and chilled. When the rain abated somewhat we rode further, stopping at a donut shop for a bathroom break, the view of so much water acting as a spur to our bladders. We were chilled even more in the air-conditioned donut place and happy to retreat back to the tandem.

In the gloom of the storm it began to get prematurely dark and I turned on the rear blinker. A policeman directing traffic at a busy intersection with a failed traffic light, foolishly routed us to the sidewalk and it took some skill to get back into the traffic flow once again. We were hoping to make it back before dark, but it was still another 35 miles north and still raining. The stress of the situation had one salutary affect: Anastasia forgot about her saddle sores. At least until the next bump.

Finally finding our way north along Old Rt. 8 we saw barricades on the roads leading down into the Cuyahoga Valley and we realized that the earlier storm damage we had seen was probably now being compounded by this new storm.

It was hard to summon up the energy and enthusiasm to continue and Anastasia even voiced the suggestion that we call our friend Freya and have her rescue us. This was unthinkable, if, for no other reason than I had, in the past, written an article about Freya on the tandem and how, climbing a steep hill with me out of the Valley she blurted out: "How come you're so out of breath? I thought you were a strong rider?" as I gasped for breath, unable to point out the irony of her remark. She never forgave me for putting it in *CrankMail* and would undoubtedly write her own derisive article about us needing a rescue, the moment she got her chance. No, we'd brave the elements on our own.

Mercifully a strong tailwind sprang up and speeded us on our way north. Racing along at 20 m.p.h. we made short work of Old Rt. 8 and Anastasia started to relax again, now that she was on familiar terrain. The rain began to abate and without the distraction of the weather and unfamiliar routes, her sore butt started acting up again. Again we stood on the downhills and heard yelps on the, by now, difficult to see bumps.

Near 9 PM we finally pulled into my driveway, left the bike and the unpacking for another day, changed clothes and had a few ears of corn for dinner. In a continuing drizzle, Anastasia ducked into her car and left for home.

— Marty Cooperman

P.S. Anastasia called the next day and touched on, but did not go into the gory details of how her butt looked. I was happy to have been spared the description. The yelps had told me enough.

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CTC Ride Schedule

Weekdays

9:15 AM: 2nd Tuesday every month casual fun rides:

Oct. 14 Thompson Square Rt 528 Our annual fall color scenic ride.
Lunch in Thompson

Scheduled weekday evening and Saturday morning rides are over for the season.

Sundays 9 AM

Oct. 5 Landerwood to Walden (35), Mantua (55), Hiram (75) Rolling/hilly
12 North Chagrin Eddy's Fruit Farm Ride (30,45) Hilly
19 Chardon to Burton, Middlefield (30,45) Rolling
26 Westwood School Chardon, Burton (30,45) Rolling/hilly

Nov – Feb 10 AM North Chagrin pickup ride (15-35) if dry and over 40 degrees.



2003 BIKE AUTHORITY CYCLOCROSS SERIES

Presented by **RED BULL**

Race Schedule

<u>Day/Date</u>	<u>Location</u>
Sat, Sept 27	Cahoon Park – "Rose Hill" Bay Village: Lake & Cahoon Roads* (see NOTE re Prizes below)
Sat, Oct 18	Cahoon Park – "Rose Hill", Bay Village: Lake & Cahoon Roads* (see NOTE re Prizes below)
Sat, Oct 25	Cahoon Park – "Rose Hill", Bay Village: Lake & Cahoon Roads* (see NOTE re Prizes below)
Sun, Nov 9	Broadview Hts. Park – "The Fields", off Broadview Rd on Royalwood Rd
Sun, Nov 16	Broadview Hts. Park – "The Fields", off Broadview Rd on Royalwood Rd
Sun, Nov 23	Boughton Farm, Copley** (directions below)
Sun, Dec 7	SERIES CHAMPIONSHIPS! Boughton Farm, Copley** (directions below)

Start Times: 12:00 p.m. -- **B Race:** Cats. IV/V, Sport (45 minutes + 1 lap)
12:05 p.m. -- **C Race:** Beginners/Novice/1st timers (30 minutes + 1 lap)
1:30 p.m. -- **A Race:** Pro, Cats. I/II/III/Expert (60 minutes + 1 lap)

Cost:

Entry Fee: \$15 Under 18 & Women: FREE
(make checks payable to "Team Lake Effect Racing")

Prizes for Individual Races:

--A Race - Top 5 finishers receive cash prizes. Cash amounts determined by participation.
--B & C Races - Top 3 finishers receive awards or merchandise.

***NOTE:** All Bay Village race winners will receive awards (no cash) due to legal restrictions.

Prizes for Overall Race Series (must race 5 of the 7 races to be eligible):

--"A" racers with the top 3 point totals in the Series will receive cash (TBD).
--"B" and "C" racers with the top 3 point totals in the Series will receive great merchandise.

Mountain & hybrid bikes are welcome, but bar ends are not permitted for safety reasons. Races will be run regardless of weather unless there is lightning or other dangerous conditions. The promoter reserves the right to cancel, reschedule, delay, combine, or add races depending on turnout and/or race conditions.

**Directions to Boughton Farm in Copley: Take I-77 to Ridgewood Road (exit 133). Go east. Take a right on Schoclog, then a left on Boughton Road to the end of the short street (it's a dead end). The farm is on the right. Park next to the barn. Sign-up is in the Greenhouse.

For general information, e-mail jlewis@imgworld.com. Individual race fliers with driving directions and specific race information will be available at Bike Authority at 7579 Broadview Road, next to Buffalo Wild Wings (between Sprague and Wallings Roads) in Broadview Hts. For great deals on cyclocross bikes and accessories call visit the shop at (440)545-9568. You can also go to www.bikeauthority.com for more information.

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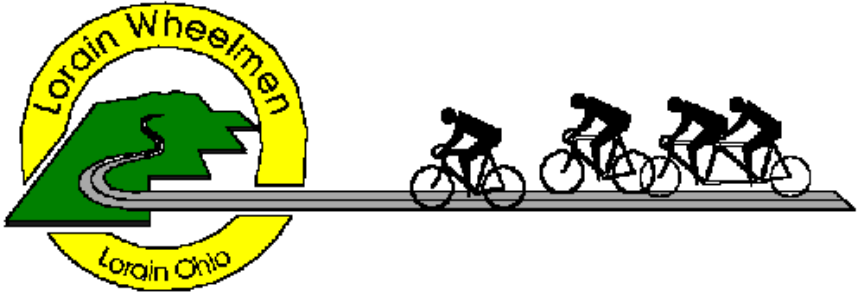
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October '03 Calendar

Sun	10/5	Amherst Shupe	Wellinton	I Got word of a new beanery if we can't get into Cecil's.
Thurs	10/9	Nordson Depot	Meeing	The one meeting we actually do some business. Red Flannel is topic A. If you don't show up, you may be assigned to port-a-potty cleanup.
Sun	10/12	Oberlin Inn	New London	
Sun	10/12	Fall N Leaf	Mansfield	A nice invitational metric.
Sun	10/19	Amherst Shupe	LaGrange	
Sun	10/26	Oberlin Inn	Milan	Club Red Flannel. You get to see all the nice arrows, but no bean soup. Ride this day 'cause next Sunday you're working! Don't forget, the clocks get set back. We start at 8:00 EST this day.
Sun	11/2	Red Flannel		Ya shoulda rode this one last week and WORK today!

Check the Web or call Clyde for the story on weeknights. We'll start as late as we can, and still get in 20 miles, which generally means 5:00 until the time change

Time change is just in time for the 10/26 Club riding of the Red Flannel route. **The ride will start at 8:00 Eastern Standard Time.**

Next week, starting with Red Flannel, we'll start all **Sunday rides at 9:00 Eastern Standard Time.**



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Secretary:	Dave Ling	330-725-3974	db13000@aol.com
Mtb Coord.	Dave Towne	330-321-8758	djtowne@earthlink.net

A Letter from Vetter

by Lou Vetter

The Attack of the Fifty-Foot Dog: Since I ain't gettin' any younger I thought I might attempt to ride the Columbus Fall Challenge one more time this fall. My buddy Tom gave it some thought too. So what else is there to do but attempt "Eric's Fourteen Hill Ride" in Merriman Valley? This ride is my standard by which I gauge my readiness for CFC. Tom tested himself first by riding to the valley Thursday morning to enjoy a breakfast then hitting the hills followed by riding all the way home. I couldn't wait to get home from work to call and see how his test ride turned out. Tom wasn't impressed with the hills and decided to opt out. I made my try at the 14 hills Saturday morning. I parked at Lock 29 and headed for Boston Road to go up the West hill. I puffed and panted up the steep part but made it. I noticed my cycle computer wasn't registering so I stopped to fix it. Oh, my stock wheel was toast. Last month the bearings seized up and I just found out that one of the cones cracked in two, the bearings themselves looked like tiny bronze eggs and the rim was splitting open near a few of the spoke nipples. So I used the wheel from another bike. I just didn't mount the computer magnet correctly. After I fixed the computer I was off again. Four hills later I made it back to Peninsula for breakfast at Fisher's by 11:15 am.

The next phase was to climb up Route 303 which I just descended prior to breakfast. At the top I modified the route very slightly by riding through a parking lot and onto the bike-path. The bike-path lasted about a quarter-mile and I exited at the Mexican restaurant and met Bob Iden driving home from the Akron Bicycle Club ride. When I told him I was practicing for CFC he indicated he might sign up for the CFC too. After my conversation with Bob, I headed south toward Truxell Road. It was closed but I went anyway. Just down hill from the Virginia Kendall Lake, the road was closed. I went under the barricades and rode on. The road is not completely washed out but it has a nice scalloped edge in places. Next it was on to hill number seven, Quick Road. By this time I was feeling pretty good about myself because I wasn't tired and I was

realizing the benefits of my triple crank-set. Merging onto Route 8 south, I met one of the listeners of WMJI radio. A young kid about six or seven years old yelled at me from his dad's truck before rolling up his window.

That was just a prelude to the attack of the fifty-foot dog. A right turn onto Steels Corners Road then another right onto Haas Road led me to my encounter with the Beast of Northampton. As I was comfortably riding down this quiet empty street I spied him on my right and he was running right for me. He was a Great Dane and there was no mistaking that Marmaduke profile. His bark may have been worse than his bite but I didn't have to make that comparison. I yelled "NO!" as loud as I could but he yelled louder and it was too late to outrun him. He just kept coming closer and closer barking louder and louder. He got real close and I thought he was going to bite my elbow so I slapped him on the side of his face, which had the effect of knocking him into my back wheel. I felt the collision, and then heard him yelp and it was over. He was turning and heading back to his yard. Thankfully he had a dry mouth, soft lips and was too slow to bite my hand. It felt like I had slapped warm liver. Haas Road becomes Wetmore Road and then it was on to hill number eight, Northampton Road. As I approached this almost vertical hill, I was shifting like a madman, down one in front then down two in back, down to my granny gear in front then down to granny in back, then click, crunch and stop. My new derailleur had snapped off.

Well, I walked back down the hill to the bottom where I could make repairs. Upon further examination I realized it was hopeless. I was done for the day and only fifty feet up hill number eight. Since I couldn't fix the derailleur I used my chain tool removed links from the chain making my bike into a trusty one speed. I put the derailleur into a plastic bag I keep as a raincoat for my Brookes saddle and tied it to my rear rack. That way I didn't have to undo the shifter cable and I could ride back to my car. Once there I regained the presence of mind to realize that there might be missing parts left behind on the road. I drove my car to measure the beginning part of the ride, remember my computer didn't register those miles, and then headed to Northampton Road. I found the missing part and headed to the bike shop. The good news is that the hanger bolt is what broke and the derailleur is repairable under warranty. I lost the washer though.

The bottom line is that I felt great and still had plenty of energy after 56 miles so I decided to mail in my registration for the Columbus Fall Challenge. Next issue we'll see how well I do riding with Lori and Bob, or should I say riding behind them.

The Attack of the Less than Fifty-foot Dog: Just twenty-four hours after my CFC practice run, five club members and I decided to ride to Creston for breakfast at Pike Station Restaurant. On the way back Tom, Lori, Bill, and Carl were up ahead of Dave and me. They made good bait for the Monster of Franchester Road, a large stocky boxer with not an ounce of fat on his body. His gait was not slow like that of the Great Dane but more like a sprinter just off the blocks at the start of the one hundred yard dash. This dog was in good physical condition and was ready to chew on some bicyclists. From my vantage point at the rear of the pack, I saw him leap from his yard clearing the drainage ditch and landing on the centerline of the road. The leap was over ten feet in length and so high that when he landed his belly almost bounced off the pavement. He didn't miss a beat and charged the pack of four only to give up and turn toward Dave. Dave must have timed it just right as the Franchester Monster

let him pass and then he set his sights on me. I was far enough behind and had plenty of time to pull out my water bottle and get ready to do battle. As I rode on he started to circle in toward my left side and as I passed him I squirted my water bottle missing him by about a foot. He watched the water as it passed by his face and splashed on the street which was just enough of a distraction to let me get past him and out of range. Apparently he used up all his energy on his failed charge at the lead group and didn't feel like chasing Dave or me.



Yo, Wheelers!



We hope you did not miss the annual club picnic at the home of **Art and Jackie Kaplansky**.

As in the past, **David Bortz**, our own club catering establishment, outdid himself with quiche (three varieties) and gazpacho. Our special thanks to Art, Jackie, and Dave.

Our riding season will be almost over when you read this. Looking back, I would say we had a good season: not too hot where your tires sink into the asphalt, however, too much rain. Wednesday nights were well received. The participants report that this is a fun evening. Do you want additional evening rides?

Sad to report, the “over the hill gang” is dwindling because of injuries or otherwise. We encourage those who want to ride, but are not trying out for the *Tour de France*, to ride with us.

We need volunteers! **Bernard Kotton**, our ride leader for several years, is stepping down and we need a replacement. Bernard will remain on the ride committee so that anyone who agrees to assume the position will have Bernie for advice and backup. Call **Jim Gernstetter** at (216) 587-1904 to offer your services.

Please stay in touch with the club Web site at www.westernreservewheelers.com in case there are last-minute changes in the schedule. **IMPORTANT!!** If you have not already done so, please give Jim your email address to ensure you won't miss important club notices.

Rider of the Month — **Dr. Paul Martin** has been selected as our rider of the month. While he has been with us for only a few years, he has been bitten by the bug! Like the others he, too, rides a new high-tech bicycle. He is also a psychiatrist, in case any of you have any problems you want to discuss on club rides.

— Ed Reichek

May the Wind be Always at Your Back

Western Reserve Wheelers Ride Schedule

DATE	TIME	START	MILES		
			A	B	C
10/05	9:00	Chagrin Falls Parking Lot	48	--	38
10/12	9:00	JCC: Jewish Community Center	50/42	42/38	28
10/19	9:00	JCC: Jewish Community Center	--	30	--
10/26	9:00	JCC: Jewish Community Center	--	35	--
11/03	9:00	JCC: Jewish Community Center	Pick-Up Ride		
11/10	9:00	JCC: Jewish Community Center	Pick-Up Ride		
11/17	9:00	JCC: Jewish Community Center	Pick-Up Ride		
11/24	9:00	JCC: Jewish Community Center	Pick-Up Ride		
11/27	9:00	JCC: Jewish Community Center	Thanksgiving Day Pick-up Ride		



NOTICE: Any nonmember guest who has not signed a release will not be considered, for insurance purposes, as a part of the club, nor will they be entitled to any protection afforded by the club insurance policy. In addition, all minors must be accompanied by an adult and must have a release signed by parent or guardian.

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glavin@neo.rr.com

Results:

Multi-sport

Elite Endeavors Indoor Triathlon, YMCA Perrysburg, April 5 – Miller (3rd, 50-54)

HFP Racing Series:

Olentangy Indian Caverns Duathlon, Powell, May 4 – Miller (2nd, 50-54)

Maumee Bay Triathlon, Oregon, June 23 – Miller

Caeser Creek Triathlon, Waynesville, July 13 – Miller

Frisch's Big Boy Triathlon, East Fork State Park, Bethel – Miller

Buck Creek Triathlon, Springfield, August 24 – Miller

Summa International Triathlon, Portage Lakes, September 14 – Miller

Ultrafit / USA Series:

Ohio Duathlon, Alum Creek State Park, Columbus, May 5 – Miller (5th, 50-54)

Outer Limits Triathlon, Columbus, June 8 – Miller (3rd, 50-54)

Wendy's International Triathlon, Alum Creek State Park, Columbus, June 29 – Miller (5th, 50-54)

Great Ohioan Adventure Triathlon, Delaware, July 27 – Miller (3rd, 50-54)

North Coast Nautilus Grand Prix Duathlon, Lorain Community College, Elyria, May 18 – Miller (2nd, 50-54)

Fat Rabbit Racing Scioto Duathlon, Prospect, May 24 – Miller (2nd, 50-54)

Lake Metroparks Lighthouse Triathlon, Fairport Harbor, August 10 – Miller (3rd, 50-54)

Cluod 9 Sport Mosquito Creek Triathlon Sprint Race, Cortland, August 17 – Miller (3rd overall)

Off-Road (XC – cross-country)

Vulture's Knob CX series, Wooster:

March 23 – R. Bennett (3rd, sport masters), Beeson

April 19 – Beeson

May 10 – Beeson (5th, sport 31-40), R. Bennett (2nd, sports masters)

June 14 – Beeson, R. Bennett (4th, sport masters)

August 16 – Beeson (4th, sport 31-40)

Lake Famparks Mountain Bike Race, Lake County, April 13 – G. Bennett (1st overall women), R. Bennett (3rd, sport masters), Griffith (5th, expert men)

Bean's Bike Park XC, Dennison:

May 4 – R. Bennett (2nd, sport master), Hayden

June 8 – R. Bennett, Griffith

Mohican Wilderness XC series, Glenmount:

April 6 – Hayden (2nd, expert masters)

June 1 – R. Bennett, Griffith

July 27 - Griffith

OMBC Velo Z XC, Duncan Falls, June 13 – Griffith (5th, sport masters)

Camp Manatoc XC race, Peninsula, August 24 – Griffith

Road (CR – circuit race, CT – criterium, RR – road race, TT – time trial)

Team Columbus Ohio GP series Easter Classic CR, Granville, March 22 - Gallagher

Team Columbus Malabar Farm RR, April 5 – Cunnngnam Jr

Northcoast Nautilus Spring Stampede ITT, Avon Lake, April 13 – Beeson (1st, 35-39), Hayden (1st, 45-49, 3rd overall), Hofstetter (2nd, 20-24), Miller (1st, 50-54), Rapp (1st, 30-34, 2nd overall)

Iroquois Sports Boosters Spring ITT, Presque Isle PA, April 27 – Gallagher (1st, 55-59), Hofer, Madison (5th, 45-49), Miller (3rd, 50-54), Rapp (4th, 30-34), Zak (1st, 40-45 women)

Summit Freewheeler's Race-at-the-Lake series CT, Munroe Falls:

April 19 – Gallagher, Rapp

April 26 – Gallagher, Rapp

Team Akron Valley CR Training Series:

March 29 – Kovach

April 6 – R. Bennett, Kovach, Rapp

April 27 – Cunningham Jr

Team Columbus Wilkesville RR, Wilkesville, May 5 – Cunningham Jr, Gallagher (3rd, 50+), Limkemann Madison (3rd, 45-49)

Chippewa Creek RR, Brecksville Metroparks, Brecksville, May 18 – Bosl (4th junior), Collander, Cunningham Jr, Eldred, Hayden, Garrett, Kovach, Plas (4th, men 45+), Rapp

Snitger's Cycling Classic CT, Beaver PA, May 25 – Cunningham Jr

Team Columbus State ITT Championships, Granville, June 01 – Cunningham Jr (1st, cat 3), Gallagher (3rd, 55+), Hayden (2nd, 45+), Kriz (2nd, 55+), Lutzke (2nd, cat 3), Madison (3rd, 45+), Vadini (1st, 70+)

Mighty Bison CR, Erie PA, June 14 - Rapp

Tour of West Deer #1, Bakerstown PA, June 15 – Cunningham Jr

Ohio State Championship RR, Caesar's Creek State Park, June 22 – Gallagher (3rd, 50-59)

4th Peninsula ITT Championships, Presque Isle State Park, Erie PA, June 28 – Cunningham Jr (1st, 25-34), Dottore, Enyedy, Hofer, Hofstetter (3rd, 15-24), Gallagher (2nd, 55-64), Madison, Rapp (5th, 25-34)

Medina YWCA Twin Sizzler, Medina, July 4 – Bosl (1st, junior), Cunningham Jr, Griffith, Hofer, Kovach, Miller, Rapp (2nd)

Firecracker Festival CT, Orville, July 5- Kovach

Cleveland Corporate Challenge ITT, July 26 – Hofer (3rd overall of 120)

New Waterford Lion's Club Ride for Sight Bike Race, New Waterford, August 2 – Gallagher, Hofer

Team Columbus Chagrin Falls Grand prix, August 10 – Enyedy, Salas (5th, cat 5), Shively

Waikem Subaru Challenge CR, Massillon, August 16 - Collander

Welch's Harvest Classic, North East PA, August 16 – Hofer (2nd, 35+)

11th Toyfest RR, East Aurora NY, August 24 – Hofer

Tour de Tamarack CR, Meadville PA, August 31 – Hofer

Westlake Tuesday Night Training Series:

- April 8 – Cunningham Jr
- 15 – Madison, Rapp
- 22 – Cunningham Jr
- 29 – R. Bennett, Cunningham Jr, Miller, Rapp (1st, B)
- May 6 – Cunningham Jr, Gallagher
- 13 – Cunningham Jr
- 20 – Cunningham Jr
- 27 – Cunningham Jr (2nd, A)
- June 3 – Cunningham Jr (4th, A), Hayden
- 10 – Cunningham Jr
- 17 – Collander (3rd, B), Cunningham Jr, Kovach
- 24 – Cunningham Jr, Kovach
- July 1 – Griffith, Kovach
- 8 – Kovach
- 15 – Kovach
- 22 – Kovach (5th, B)
- 29 – Shively
- August 5 –
- 12 – Shively (1st, junior)
- 19 – Shively



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(Open club ride Saturdays 10 – noon, any weather.)

The OCBC is a nonprofit, member-run bike education center that fosters Earn-A-Bike programs where kids earn donated, used bikes as they learn bike repair and safe cycling. Members can use the shop, and earn purchase credits while learning to refurbish the used bikes we sell.

News:

If you missed last month's news: we have to move! As of this writing we're still not sure where, or even quite when: our time is up Oct. 1, but we are asking the new owners if we can stay on after the building sale closes so we can fully explore the options that so many folks have kindly proffered: reduced-rent retail space at Gordon Square from Detroit-Shoreway Development Corp.; ample, free (!), nearby cold storage from new member John McGovern's father; a very optimistic outlook from the City of Cleveland Community Development Department; and many other benevolent offers from friends and strangers who all deserve much more thanks than we have space here to give it in. It has been gratifying to learn how much, and how widely, our tenuous existence is valued.

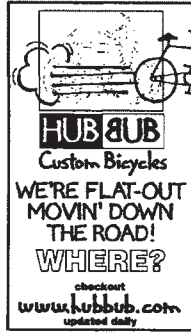
We intend to make this an intelligent transition both geographically, and also organizationally. So we are prepared to suspend our retail operations (but continue our remote-site Earn A Bike programs) and put our donated bikes in storage while the real estate stuff settles, if necessary, and use the time not spent fixing and selling bikes to concentrate on the issues addressed in the membership meeting reported below. If we do, we will extend all memberships (including three month trials given with bike purchases) by the length of time we are 'homeless.' A comfortable, welcoming location is important to what we do, and is worth waiting to find, and, whatever happens, we are looking at his move as a chance to refocus on our priorities, and refine how we relate to our neighborhood and the cycling public.

We have begun our third year of Earn A Bike courses at the Arrupe neighborhood center and, thanks to new member Joe Lehner, will begin our first with PEP soon. Though the Cleveland Police are eager to expand the Rec. Center programs next summer, this will be more difficult to do well, as the Gund Foundation declined to fund in September our proposal for volunteer training due to their investment shortfalls and ongoing grants (though it will be reconsidered in December).

The September Members' Meeting was great: we ate well (thanks to Greg Hand for the Strawberry Shortcake!), finished on time, and began to form a working board that will help us more effectively handle our: bookkeeping, information management, grant seeking, sales, Earn A Bike development, membership services, education programs, rides and events, recycled-art projects, and advisory board activities. As usual, the minutes are on the web site, along with on-line registration for our big...

Upcoming event: GhostRide! (and anniversary party) Nov. 1, Whooooo Knows Where? Scary-up your bike and self; save your Jack-O-Lantern for the ugly contest!

Members' special: Everyone (member or not!) who helps us move to wherever we'll be going will receive a gift, to be revealed when you register on the Web site!



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ED RUSIN MEMORIAL

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November 2, 2003

The twenty-ninth annual Red Flannel Metric Century (62 mi.) and half-metric (31 mi.) will depart from the Oberlin Community Center, Oberlin, Ohio at 9:00 a.m. on Sunday, Nov. 2.

START-FINISH ... Start-finish and registration is at the Oberlin Community Center. If you are driving via the Ohio Turnpike, exit at Exit 145 and take Route 57 north to Route 2. Take Route 2 west to the Route 58 and proceed south on 58 to Oberlin. From the west, exit the Ohio Turnpike at exit 135 (Baumhardt Road), turn south on Baumhardt Road to Route 511. Turn left (east), proceed into town. Turn right (south) on Main St. (Route 58). The Community Center is just off S. Main Street about three blocks from Tappen Square (look for the caboose). There's limited parking at the Center and on the street, but ample parking is available across 58 in the grocery store lot. Look for parking signs!

REGISTRATION ... Advance registration (\$10.00) will be accepted until Oct. 25. Late registration (after Oct. 24, and the day of the ride) will be \$15.00. Registration fee includes map, a raffle, SAG and snack stops. Please make checks payable to the LORAIN WHEELMEN. Please include a SASE for confirmation if you would like one.

OVERNIGHT ACCOMMODATIONS ... are available at the Oberlin Inn, downtown Oberlin. For reservations, call (440) 775-1111. Other options are the Country Hearth Inn and Motel 6, located in Amherst, (approx. 8 miles north of Oberlin on SR 58 at SR 2). Call (440) 985-1428 or (440) 988-3266 for reservations.

ROUTE ... The route will be familiar to regular Red Flannel riders. Mill Hollow has been improved with a sweeping (longer) climb on the east side. The route will generally be rolling with the exception of the river valley climbs. The route will be marked at each turn.

SAG WAGON ... Riders with physical injuries or non-repairable mechanical breakdowns will be given first priority for sag wagon service. If necessary, other riders will be picked up as time and circumstances permit. The last sweep will begin about 4 PM. All riders should be off the road by 5 PM.

WEATHER ... during the history of the Red Flannel, riders have seen a variety of weather ranging from a bone chilling blizzard, to temps of 70° plus, to pounding rain. We've had a string of good weather lately, but we all have to be prepared for a touch of winter, so let's hope for a return engagement in the weather department! Come prepared according to the forecast.

With Support From ...



For more information:

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Write: Lorain Wheelmen; PO Box 102; Amherst OH 44001-0102
Email: lorainwheelmen@eriecoast.com



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Secretary: John Whitaker – (216) 485-9184 • Treasurer: Bob Ugan – (216) 695-0038
Membership Chair: Dan Izuka – (440) 734-5777

LEW Club Weekend & Holiday Ride Schedule

- Oct. 5 10:00 Brecksville to Chagrin and Burton – 45 to 65 miles
Oct. 12 10:00 Brecksville (Station Road) to Kent – 45 to 55 miles
Oct. 12 10:00 Bike Path Series: Alexander Road, ABC Trail to Kent – 22 miles
Oct. 18 10:00 Women's Only Ride: Lakewood Park to Euclid – 40 miles
Oct. 19 10:00 Canal Visitor Center to someplace else and back, surprise!
Oct. 26 10:00 Olmsted Falls to Grafton and Wellington – 30 to 60 miles
Nov. 2 8:00 Red Flannel Metric Century – 32 or 63 miles – See info in this issue of *CrankMail*.
Nov. 9 10:00 Olmsted Falls East River Park – winter ride – weather depending.
Nov. 16 10:00 Olmsted Falls East River Park – winter ride – weather depending.
Nov. 23 10:00 Olmsted Falls East River Park – winter ride – weather depending.
Nov. 30 10:00 Olmsted Falls East River Park – winter ride – weather depending.

Ride Start Locations

- Alexander Road Parking lot on Alexander Road, at north end of ABC Trail, west of Dunham Road (additional parking at Alexander & Dunham).
Brecksville In Cuyahoga Valley National Park, at Station Rd. parking lot east of Riverview Rd. (just south of Rt. 82).
Lakewood Park Picnic area & parking lot, in Lakewood, north of Lake Ave. and Belle Ave.
Canal Visitor Ctr. Along Towpath Trail, off Canal & Hillside Roads, in Cuyahoga Valley National Recreation Center.
Olmsted Falls Olmsted Falls East River Park, on Lewis Rd, between Bagley and Water Street, across from Chestnut Grove Cemetery.

Weekday Rides

The weekday rides are about over for 2003, so check the LEW Web site for any last minute news or pickup rides.

Tuesday Evenings – Short, slower (C-pace) rides starting from the parking lot behind the Fairview Park Post Office at West 220th Street & Lorain Road, 6:00 p.m., weather permitting (*please note earlier start time*). Call Bob Ugan at (216) 695-0038. These rides will continue until the end of October, then resume in the spring. This late in the season, lights and reflectors are strongly recommended during evening rides (see below).

Wednesday Evenings – The Ice Cream Rides have concluded for the season, and will resume in the spring. Please give thanks to Marc Snitzer and Greg James, in accordance with their efforts in organizing and leading the rides.

Regular Club Wednesday Evenings – Moderate to fast pace (B to A) 20- 30-mile rides, weather depending, starting at 6:30 p.m. from Kamm's Corner parking lot at Lorain Rd & Rocky River Dr. (Rt. 237) in Cleveland (behind Pizza Hut). For details, call Ed Wheeler at (440) 572-1122 (email at wheels@ameritech.net) or Doug Barr at (440) 734-1715 (email at ospdoug@aol.com). These rides are expected to continue year-round, weather permitting.

Thursday Mornings – No longer a club ride, but members are welcome to attend. Begins at 9:30-10:00 a.m. and finishes around 2:00 p.m. Rides will be at a moderate pace and will include lunch at a restaurant along the way. May continue through to the end of October. For starting location & other information, contact John Glasgow at (440) 777-7392 or email at jglasgow2@msn.com.

As the Regular Riding Season Comes to a Close...

As of this writing, we are anxiously awaiting volunteers for Ride Leaders for October. If no one has stepped forward, leaders will be selected from amongst members attending the rides, and maps may not be provided. For the off-season rides starting in November, the Ride Leader, destination, route, & pace will be chosen by those members attending.

If the scheduled ride for any given date is an invitational, or starts outside the tri-county area (Cuyahoga, Lorain, Medina), a pickup ride will start from the Olmsted Falls East River Park at the normal start time for the month.

As the riding season winds down, with earlier sunsets each day, the use of reflectors and lights (front *and* rear) is strongly recommended during evening rides, in order to reduce the risk of accidents and collisions. It helps to see the road, the traffic on it, and be seen by other users of the road.

Eric's Hill Climb Challenge 2003 was a success!

Congratulations and thanks to the riders who participated in this year's Eric's Hill Climb Challenge! We had a good turnout but less than expected, with 25 people showing up to demonstrate their prowess, most being visitors from the CTC. The ride was well received, and may gather quite a following, if held annually.

The ride consisted of a clockwise loop around Peninsula climbing out of, then back into the Cuyahoga Valley 14 times. Total elevation gain for those doing all 14 hills was over 5,400 feet and a total distance of 90 miles. No prizes were distributed this year, but sack lunches were available for \$5 each to help riders keep up their strength. Special thanks go to Tom Meara and volunteers who assembled and distributed the lunches.

LEW WEB keeps club informed of late breaking news

To keep informed of late breaking news and location of rides during the year check the LEW club site out at: <http://www.lakeeriewheelers.org>. The LEW club email list is at lakeeriewheelers@yahoo.com. If you aren't receiving weekly ride updates and have email, let us know and we'll put you in the address book.

The 2003 Ohio Bike Path Series

Another season of Bike Path Rides comes to a close, and we wish to thank all who participated; we had some excellent turnouts this year, and hope to see everyone again in the spring. The October ride will be the last one for the season, but we expect it to be an enjoyable one.

These are "C" level rides, beginning at 10:00 AM, with a stop for lunch. All riders must wear a helmet and be club members, unless a signed signature card is obtained in advance. All children under 16, who wish to ride, must be accompanied by an adult.

Upcoming Ohio Bike Path rides for this summer and autumn:

Oct. 12 Kent (Alexander Road ABC Trail to Kent) 22 miles Dan Izuka

2003 "Women Only" Ride Series

This season, in an effort to expand the types of riding that the club organizes, we offered a *Women's Only* ride on the third Saturday of each month; this month marks the last of the *regularly scheduled* Women Only Rides for the season (see the Weekend & Holiday Ride Schedule). We enthusiastically and gratefully thank Bonnie Vargo for her efforts to organize these rides. Anyone in need of details about the ride may contact her at (216) 226-5918. Thanks very much, and we hope to see you all again in the spring.

Touring Division News

Tom Meara, as Chairman of the Touring Division, is interested in attracting LEW members who have are enthusiastic about touring, overnight and otherwise. Anyone interested can call him at (440) 777-2563, or email him at tom_meara@hp.com.

Date	Route	Ride Captain
October 4-5	Olmsted Falls to Malabar	Tom Meara, Bob Parry

Prospective riders are expected to be physically fit, properly attired & equipped, with bicycles suitable for the routes in question, and adequately maintained.

Tom Meara would like to extend his thanks and gratitude to all participants in this year's touring activities, as well as towards all who volunteered their efforts on behalf of the Touring Division.

Club Meetings Return in October

The next regular club meeting will be held on Tuesday, October 7th, at the Panera Bread café in Brooklyn (on Tiedemann Road, just South of I-480), at 7:00 PM, and on the second Tuesday of each month thereafter. In the event of changes, members will be contacted.

Upcoming elections for club officers

At the November club meeting, we will be nominating candidates for club office, with elections to be held at the Club Christmas Party in December. Prominent members not attending may find themselves unexpectedly nominated by supposedly sympathetic acquaintances. Members attending also face the same risk.

CrankMail

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Unclassified ads are free to *CrankMail*-served club members and subscribers for two appearances and appear both here and on *CrankMail's* World Wide Web site. Nonmembers/nonsubscribers pay \$5.00 for this service. Ads are intended for personal, noncommercial, bicycle-related purposes only. Ad copy should be typewritten to help assure accuracy. Ads are accepted by mail, also by email if no payment is due. Limit to about 30 words; no more than three ads from the same individual in an issue. Please include your Area Code with your telephone number. *CrankMail* reserves the right to edit ads to fit space and format requirements. In the event of typographical or other error, the publisher's only obligation shall be to publish a corrected version of the ad in which said error appeared. The publisher makes no warranty of the integrity of the advertiser or quality of goods offered.

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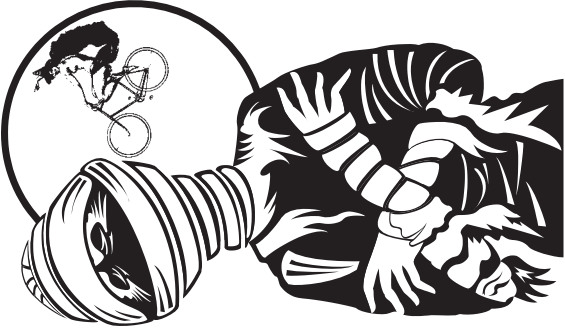
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