

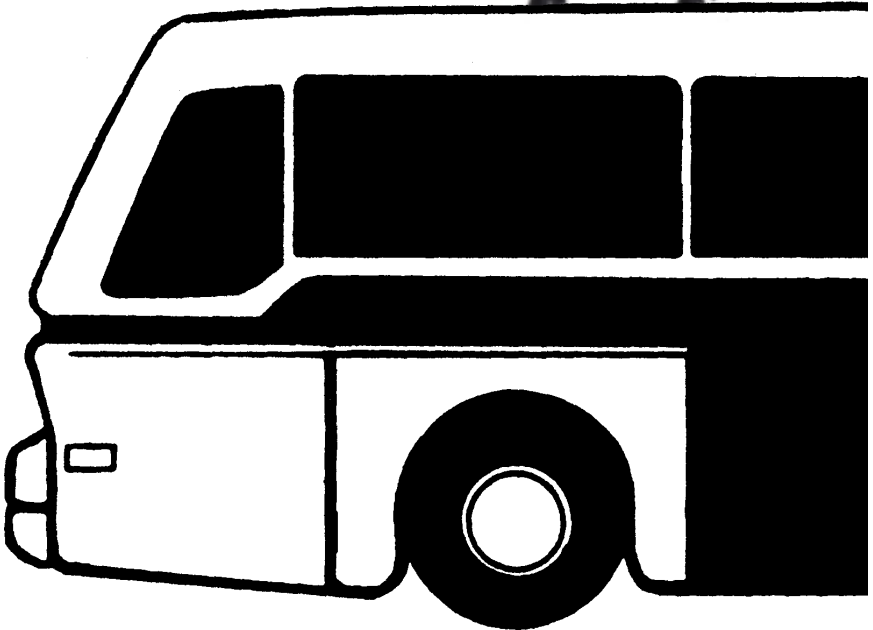


CrankMail

August 2001

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Business Matters

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“I don’t want to ride the Tour de France ever again,
and I don’t even want to go uphill!”

— Paul Sherwen, television commentator and former Tour rider
during Stage 9 of the 2001 Tour de France

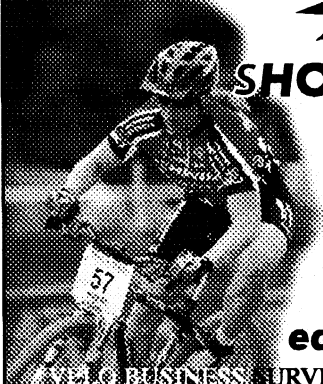
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Gossip

We really enjoyed this year's coverage of the Tour de France as presented by **Outdoor Life Network**. Fortunately, our satellite service includes OLN—something missing from the channel selections of many. The cable channel used French television video feeds with the race called by that **most wondrous team of Paul Sherwen and Phil Liggett** to give us the most complete on-air coverage of TDF to which American audiences have ever been treated. The broadcast team **also included** retired American racer **Bob Roll** who did a good job of feature pieces and athlete interviews. Roll apparently received a little coaching as a reporter: **he changed to** the more widely-acceptable pronunciation of the name of the race after originally nasally pronouncing it "**Tour dee Frants**" — and improved his microphone handling: during one early interview he seemed to be performing a **comic routine** where he pointed the mike at his interviewee while he asked a question and at his own mouth while the answer was being delivered. **Armstrong seemed comfortable with Roll**, maybe because he recognized Roll as a fellow TDF racer or maybe because he didn't ask stupid questions. **What can we say about the rest:** to be treated nightly to two hours of splendid action images of the unfolding race narrated by the best talents in the business **except c'est magnifique!**

As we write this the 13th stage of the great race had been completed with Armstrong taking the stage win and earning the yellow jersey. In that single stage, **he had displayed all of the highest qualities any could expect of a true hero of sport:** skill, sportsmanship, courage, and power. **What is most astonishing to us, is how can one man can exceed,**

by so very much the, strength of those others who represent the best in the sport of cycling? To see Armstrong ride with Ullrich as an equal, watch in horror as Ullrich flew over the bars in a freak crash and then wait for him to remount before resuming the race, and then drop the phenomenal German as if he were on a Sunday club ride, well, words fail, except that **however the race ends, Armstrong is a champion.**

In the days leading up to the Tour de France, **OLN and CBS aired a half-hour documentary** on the United States Postal Service team as they prepared for this year's race. It was a terrific piece of filmmaking. If you see "**The Road to Paris**" on the TV schedule, don't miss it! It included recent interviews with retired racer **Greg LeMond**. Amazingly, we think **Greg looks a lot like Lou Vetter** of the Medina County Bicycle Club. Could they be the same person? **Hmmmm... wasn't LeMond born in Medina?**

The weekly newspaper *WestLife* carried a Page One story in its June 27 issue headlined "**Bike catches up with Corvette; cop nabs felon.**" That was a little misleading ... there was no high-speed chase involved. In fact, no chase at all. 'Seems **Patrolman William Saringer was on routine bicycle patrol** one night in June when, at **3:00 a.m.** he made a big bust. He was riding in the motel area of North Olmsted when he heard a motor running hard behind a motel. He saw the car, a 1986 Corvette, radioed in the plate to his dispatcher, and was informed the occupant was wanted for probation violation. Saringer had to wake up the driver so that he could arrest him. Back at Cop Central, the driver reportedly told the officer there was marijuana in the car. **A search reportedly uncovered about six and one-half pounds of the stuff, \$3,000 in cash, and two loaded weapons!** Chalk another one up for police bikes! Stealth and openness to the environment make a great combination for police on patrol. The 'Vette? As property used in a drug violation, it can be claimed by the police for official use should its owner be convicted. **A tip of the helmet to you, Patrolman Saringer!**

— The Crank



Cleveland Touring Club

Cleveland Touring Club

P.O. Box 0667

Grand River, OH 44045-0667

440-954-4201

email: clevetourclub@hotmail.com

www.clevetourclub.org

Welcome to New Members

Harry Holt, Jason Hill, Raj Reddy of Cleveland Heights, **Jay McCaffrey** of Chagrin Falls, **Rhonda Flint** of Willoughby Hills, **Susan Petrone** of South Euclid, **Dennis Lafferty** of Cleveland, **Tom Pellegrin** of Euclid, **Jay Singer** of Pepper Pike, **Courtney Schumm** of Akron, **Fawn Schultz** of Lyndhurst.
We hope to see you this season.

Conneaut Lake Park Trip

Make your reservations now for the Conneaut Lake Park overnight **Aug. 25-26**. This is a two-day ride leaving from Chardon, OH on Saturday and arriving at Conneaut Lake Park (built in the late 1800s) in Meadville, PA. We return Sunday. You can **stay overnight** in the park at the Hotel Conneaut (814) 382-5115. Please call early to get a room in this century old hotel. You will do a **50-mile** ride each day from Chardon & back. If you don't want to ride, you can drive out. The Hotel has a prime rib buffet on Saturday night, and a breakfast buffet on Sunday morning. Other food is available in the park or near the park. Admission to the park is FREE and you can get a half-day ride pass for less than \$6.00. The park has a nostalgic Victorian atmosphere, a beach, water park, midway with games, and evening entertainment by Jimmy & the Gemstones (a Polish Festival with Oomph-Pa Band). If you have any questions please **call Art Emser** at 440-974-0668 or check out their web site at <http://www.conneautlakepark.com> for park info, hotel info and food info & town info.

Off To The Races

My adventure racing team, Team 7DeadlyMeats, received 2nd place in the Scioto Trail State Park Adventure Race held on July 1, 2001. Team members include: Sir Loin, Keil Basa, Bo Logna, T-Bone, and To Fu. The race consisted of a trail run, mountain bike, kayaking, and more mountain biking. — **Scott Erdman**

24 Hour Challenge

"What goes and goes and goes? Not the EverReady bunny but CTC's own **John Gallovic**. If John stops pedaling long enough for him to hear, congratulate him on 339 miles completed at the 24 Hour Challenge in Grand Rapids in June. We understand the last 12 hours were particularly challenging. The distance John cycled in a day is probably more than the average American cycles in an entire lifetime."

A Speedy Recovery

We all wish stalwart cyclist **Joe Pedone** a speedy recovery from his recent lung surgery and hope he is well on the way to recovery. And also a speedy recovery to **Nan Horvath** suffering from back pain problems.

Tuesday Night Rides and More...

Tuesday night rides have been interesting to say the least. It was a full moon out on July 3rd and the locals must have started early on the holiday festivities. As a group of about 10 riders stopped at the corner of a main road, we heard someone yell, "Where ya' goin'" and we yelled back a variety of responses like: "Goin' home," "Goin' straight," etc. As we rode by the house on the corner a guy in his 20s ran out from behind his house and dropped his pants and yelled "Hey look at this" (or some such comment) and proceeded to "moon" us! We were incredulous!! What a hoot! The funniest part was the sight of him running back to his house with pants flying and stumbling across the grassy field. Of course the comments that followed were just as funny, such as "Did that guy have a beard?", "It was nice that the guy cracked us a smile!" and others not fit for print in a family magazine. You'd think he'd know better since we now know where he lives!

Within 30 seconds of the mooning incident, we experienced a lady passing us (we were single file and far to the right) in the left lane on a blind corner/double-yellow line and she saw a car coming in the other direction for a head-on collision. Fortunately all were going slow enough to avoid an accident, but the woman stopped completely in the lane and came face-to-face with the other driver. Of course it was *our* fault for her stupidity and she let us know it as she finally passed. Why do people do that?

We heard from **Kathy Heydorn** that while she was riding with another group on the same night, a truck filled with young guys passed them and one stuck his head out of the window with a rubber dog mask on and barked hysterically at the riders. See what fun you are missing by not showing up at the weekday rides? Of course there are the watermelon, popsicle and pizza nights too, thanks to **Nan Horvath**.

Watch out for those horses and dogs! On a recent Saturday morning ride down Chagrin River Road near Gates Mills Hunt club I had to stay far to the right to avoid about a dozen horses/riders and 30 hunting dogs taking up both lanes of the road. What a surprise to see such a sight. They must have been out looking for little critters with red fur and big tails. Glad I wasn't wearing my red jersey! The riders were very pleasant and thanked me numerous times for not spooking the horses. Ahh the life of the gentry!

The Bessie Metzenbaum Park ride on July 8th was sparsely attended. The weather looked rainy and misty (though warm) and the ride start at the park was full with a 5K run taking place. Of course the CTC apologizes to any riders that may have shown and figured the ride was canceled. The early arrivals had to make a quick decision and move the ride start to Westwood School on Caves road. One of the 5K Run Directors said he would redirect anyone with a bike to the school, but apparently failed to tell some of them and we heard later that a few went home. The weather was hot, sticky, but enjoyable and about 10 riders endured the hills around Chesterland and Chardon. New riders showed up from Willoughby and a person drove all the way from Akron. What a trooper. She said she had fun and thought we were a great bunch of folks. Of course we already know that!

— Andy Carpenter

Ride Schedule.....

- Aug. 12 8:30** **Burton** to Mesopotamia(27), Mosquito Lake(48), Jamestown, Penn.(90), flat/rolling
- 19** **Landerwood Tom Black's Mystery Ride** – Lots of Fun!
- 25** **Chardon** to Conneaut Lake Overnight (see description above)
- 26** **Chardon** to Thompson(30), Hartsgrove(50), possibly meet Returning Conneaut Lake riders Rolling/hilly
- Sept. 2** **Northfield Ctr** to Hinckley Lake, Medina (25,40,68) Rolling/hilly
- 3** **North Chagrin** Labor Day pickup ride
- 9** **Guerny School** to Newbury(20), Burton(35), Chardon(50) Rolling/hilly
- 16 9:00** **Ferrante Winery** Covered Bridge tour (20,40,60) Rolling/hilly

Second Tuesday of the month - Tour de Tuesday 9:15 AM

Relaxed rides at a moderate pace with a social emphasis.

- Aug. 14** Ride starts from Chardon Square to Punderson, bring a picnic lunch.
- Sept. 11** Meet at LAKESHORE Reservation, the Lake County Metropark in Perry. On Lockwood Rd. Take Rt 20 east to Antioch Rd, turn left (north) to Lockwood and Park entrance. Ride to Geneva and Ashtabula.

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LEW Club Weekend & Holiday Ride Schedule

Aug. 05	8 - 9	Four County Metric freebie ride – Wallace Lake @ Metropark in Berea - 45 miles or 62 miles.
Aug. 12	9:00	Scenic Park to Huntington Park & Vermillion - 20/50/70 flat miles.
Aug. 19	9:00	Bonnie Park to Litchfield or Lodi - 40/65 flat miles.
Aug. 26	9:00	Olmsted Falls to Grafton and Wellington - 30/60 miles.
Sept. 2		9:00 am Paw Paw to North Akron & Norton - 40/70 miles
Sept. 3	10:00	Monday – Labor Day Hawaiian Holiday Ride start at Scenic Park - 30 easy miles
Sept. 9	9:00	Bonnie Park to Peninsula & Hudson - 45/65 miles
Sept. 16	9:00	Lakewood Park to Euclid 50 flat miles
Sept. 23	9:00	Valley City to Lodi & Wooster - 40/80 flat miles
Sept. 30	9:00	Brecksville to Chagrin Falls & Burton - 40/65 miles

Ride Start Locations:

Bonnie Park In Strongsville, in the Mill Stream Run Reservation, west of Albion Road & Valley Parkway.

Olmsted Falls Olmsted Falls County Library, Columbia Rd, just north of tracks, by the covered bridge.

Scenic Park Parking lot at marina in North Rocky River Reservation, off of Valley Parkway, located ½ mile south of Detroit Road, in Lakewood.

Wallace Lake In South Rocky River Reservation, at Wallace Lake Parking Lot off of Valley Parkway, 1 mile south of Bagley Road.

Weekday Rides:

Tuesday Evenings – Short, slower rides starting from Fairview Park Post Office (on West 220th, just south of Lorain Rd.), 6:30 pm, weather permitting. Call Bob Ugan at 216/476-0353. Recommended for beginning and slower riders, plus new club members. It is also a very good way to make our acquaintance (invite someone you know).

Wednesday Evenings – The “Ice Cream” rides start from the Olmsted Falls Public Library. The rides will leave at 6:30 pm, weather permitting. Speeds are in the low teens; distances vary from 20 to 30 miles. The routes are for those who prefer quiet country roads, and like to stop for ice cream during the ride. Contact Marc Snitzer at 440/236-3017 or email at msnit@juno.com.

Regular Club Wednesday Evenings – Moderate to fast pace 20-30 mile rides starting at 6:30 pm from Kamm’s Corner parking lot at Lorain Rd & Rocky River Dr (rt237) in Cleveland (behind Pizza Hut), Call Ed Wheeler at 440/572-1122 or email at wheels@ameritech.net (weather depending).

LEW WEB keeps club informed of late breaking news

To keep informed of late breaking news and location of rides during the year check the LEW club site out at: <http://www.geocities.com/lakeeriewheelers/>. The LEW club email list is at Bikelew@juno.com. If you aren’t receiving weekly ride updates and have email, let us know and we’ll put you in the address book.

Touring Division News

On the weekend of June 14-15, five riders rode from Berea to Wellington, via a southern route that made it about 50 miles each way. Riders included: Tom Meara, Bob Parry, John Koch, Bonnie Vargo and Leo Fohl. This was one of the first self-contained weekend tours the club has done in a few years. Riders had to carry their own clothes, tent, sleeping bag etc. We had just perfect weather, as there were severe storms the night before, which brought in a strong high-pressure system that lasted all weekend. We set up camp, and then rode into town for dinner. Since John did not disconnect his trailer, on the back to camp we loaded it up with firewood for a blazing fire, and roasted marshmallows that Tom had remembered to bring. On Sunday morning we quickly broke camp, and biked to a small but very popular diner on Rt. 18, right by the tracks, for a good breakfast. Which was needed to fortify us for a hard return with strong head winds until we finally turned towards the East at Oberlin.

Please consider joining us in the free Four County Metric, starting at Wallace Lake Parking Lot, on August 5th (not at the Baldwin Wallace Recreation Center). Choice of distances: 40 or 60 miles. Maps will be provided, with the route and locations for food and water, but that’s it! No sag, no snacks, no pavement markings, but then again it’s FREE!

A three-day, self-supported camping tour around the Kinzua Reservoir, in the Allegheny National Forest, is planned for the Labor Day weekend. The area is remote, with lots of hills and rough roads but full of wonderful scenery. The two campgrounds (Kiasutha and Highbanks) are well developed with showers and other facilities. The route passes through some interesting areas like Torpedo, Tidioute, Porkey, Jakes Rocks, Hansom Lake, Steamburg, and Onoville. It will be difficult (70, 70, 55 miles) but well worth the effort. There are still some details to be worked out (like how to cross the Allegheny in the Seneca Indian Reservation) but if you are interested, contact Tom Meara, by email, tom_meara@hp.com, or by phone, 440-777-2563.

There is a weekend tour on September 15-16 from Berea to Malabar Farm. The distance is 170 miles round trip over two days, and parts of the route are hilly. This should be attempted only by seasoned riders, who have done at least one century ride, and have a bicycle in excellent condition. Each rider MUST have necessary tools for minor repairs: spare inner tubes, patches, and a pump, and should be equipped with headlights, or at least a taillight. No sag, and no camping. Contact Bob Parry: bikelew@juno.com or 440-779-8392, if interested in going.

There are some more touring events remaining in the riding season. These tours are open to all riders, and everyone is encouraged to participate. Each tour will have a designated ride captain to determine that an individual is capable and equipped for completing the ride. The tours are of two types: fully loaded, self-supporting camping tours; and lightly loaded tours with no need for carrying shelter or food (riders stay at motels, B&Bs, or hostels). Tours are unsupported except where listed. Randonneur brevets are endurance events, not typical tours. The riding is more or less continual for the distances listed.

<u>Date</u>	<u>Route</u>	<u>Ride Captain</u>
Sept 1 - 3	Allegheny Tour, NY and PA. 200 hilly miles, camping.	Tom Meara
Sept 15-16	Berea to Malabar Farms Youth Hostel. 170 hilly miles	Bob Parry
Oct 26 - 28	Youghiogheny Trail, Ohio. pyle. 130 flat miles, camping	Doug Barr

If you are interested in participating, Ride Captains must be contacted prior to the ride:

Bob Parry	(440) 779-8392	bob.parry@juno.com
Tom Meara	(440) 777-2563	tom_meara@hp.com
Tom Nezovich	(216) 749-0029	knezovich@msn.com
Tama Ripley	(440) 331-0281	RIPLEYT@ccf.org
Doug Barr	(440) 734-1715	dougarr@nshore.org

Prospective riders are expected to be physically fit, properly attired & equipped, with bicycles suitable for the routes in question (and adequately maintained). Anyone interested can contact Tom at 440/777-2563, or email him at tom_meara@hp.com.

Racing Division News

There was no new information available as of press time. For anyone seeking further information about the Racing Division, please contact Tom at 440/933-4093 or at LEWRaceDiv@gateway.net (alternate email: Colnagonut@gateway.net).

Club Meetings...

The next regular club meeting will be held on September 4th, at the Brook Park Branch of the Cuyahoga Library, and on the first Tuesday of each month thereafter. In the event of changes, members will be contacted.



August 2001 Calendar

Day	Date	Starting Point	Destination	Distance
SUN	Aug 5	Oberlin OH	ROAST Your Buns A freebie invitational	
THU	Aug 9	Pizza Meeting	Ride @ 6:00 Meeting @ 7:30	See notes below!
SUN	Aug 12	Oberlin Inn	Spenser	A solid 50 miles, pretty flat
SUN	Aug 19	Amherst Powers	Wellington	Just about 50 & flat
SUN	Aug 26	Oberlin Inn	Fitchville	50+ & good weather!

All weekend rides start at 8:00 Eastern Daylight Time!

Evening rides have started and are scheduled as follows: Tuesday at 6:00 from Oberlin and Thursday at 6:00 from Amherst. We won't designate the TUE & THU rides with a pace. You can come out and the group will dictate the pace. They always stay together. The distances will be about 25 (more or less) miles dictated by rider pace and available light. Check with Clyde (440.775.1501) for the Tuesday ride and Dave (440.988.9326) for the Thursday ride.

If someone has ideas for routes on Sunday, drop me (Sue) an email and describe the route. I'll drive it and map it out, etc. Don't tell me on Sunday morning! Remember to send in those mileage logs (please don't call), it's the only way I can be sure to remember to record mileage. The new log has been posted on the Web site. I'll also have some with me on Sunday rides.

The August meeting will be a pizza ride from Lorenzo's in Oberlin. It's just behind GTE at 52-1/2 S. Main ST.

THE BIKE WITCH TEE SHIRT PROJECT



*Tee shirt imprint copyright © 2000
by James Guilford*

In October of 1994, three student framebuilders disappeared in the woods near Bentleyville, Ohio while testing mountain bike designs. A year later their bicycles were found.*

Time to cash in!

Yes! Please send me this amazing shirt. I understand that it is 50/50 blend, black with imprint (see photo above) of the most horrible Bike Witch. Shirts are long-sleeved, and available in adult size XL only. I have enclosed a check or money order for \$21.00 payable to "The Clockwork Press" for each shirt desired (Ohio sales tax and shipping are included). Here's my name and mailing address:

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**This part is all made up, just like that other story about a witch and students disappearing in the woods. The part about the shirt offer is for real. Bike Witch image is copyright © 2000 by James Guilford. Send orders to: Bike Witch; The Clockwork Press; PO Box 33249; Cleveland, OH 44133-0249. Act now, quantities are very limited; offer ends with shirt supply. Read the legend of the Bike Witch on CrankMail.com.*

Six Area Transit Agencies add Bike Racks to Buses

From an RTA Press Release

CLEVELAND — For the second time in a year, area transit agencies are cooperating in a joint service improvement. In an historic agreement last summer, area transit officials agreed to honor each other's transfers, thus offering seamless service from Vermilion to Madison to Akron.

On July 17, officials of five area transit agencies began a public awareness effort to show commuters how to use bike racks that have been added to the front of buses. Each bike rack holds two bikes.

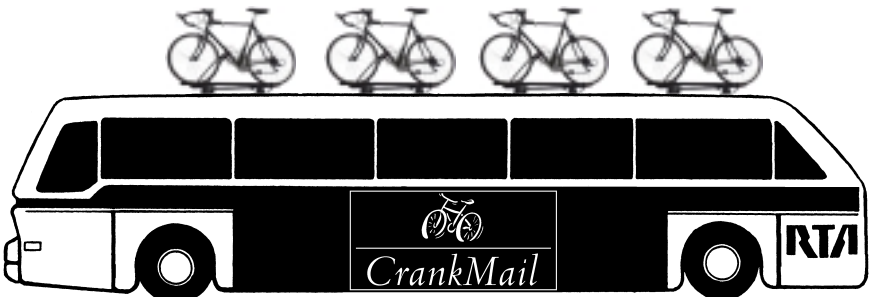
Participating agencies are:

- The Greater Cleveland Regional Transit Authority (RTA).
- Brunswick Transit Alternative (BTA) in Medina County.
- Laketran in Lake County.
- Lorain County Transit (LCT).
- Medina County Transit.
- University Circle Inc., CircleLink shuttle buses

“Bike enthusiasts came to us and asked for this improvement,” says Joe Calabrese, RTA’s CEO and General Manager. “We are pleased that we are able to cooperate with the cyclists, and other area agencies, to offer this added benefit. Bikes and buses are two of the most environmentally friendly modes of transportation, so it makes sense to link them.”

All operators have been trained in how to use bike racks. The program is being promoted with brochures, posters on the buses, and Web site information. Bike racks are available on a first-come, first-serve basis. Operators are not permitted to allow bikes on buses. The racks cannot accommodate tandems, recumbents, mopeds or tricycles. There is no extra charge for bicycles.

continued...



How to use a bike rack

It normally takes less than 15 seconds to use a bike rack, and cyclists should be able to load and unload a bike without help from the operator. Brochures and bus posters describe the precise steps. It is important that bikers signal the operator when they are ready to load the bike, as well as when they are through unloading the bike.

Bike racks at RTA

RTA has installed bike racks on about 165 buses that operate out of the Hayden Garage in East Cleveland. The buses serve routes in eastern Cuyahoga County, including University Circle. Expansion of the program to other RTA routes will depend on usage. In August, RTA plans to unveil a bike-n-rail program that will allow bikes to be taken on trains during off-peak hours. Details will be announced later. For more information, call the RTAanswerline, (216) 621-9500, or visit www.rideRTA.com. RTA buses on these 27 routes will offer bike racks: #1, #4, #6, #7F/7X, #9BX/9F/9X, #30, #34, #36, #37, #38, #39F/#39BX/#39X, #41-A, #41-C, #94, #239, #326, and #441.

Bike racks at Brunswick

The Brunswick Transit Alternative (BTA) is operated by the City of Brunswick. Officials plan to add bike racks to five buses in the near future. For more information, call (330) 273-5855.

Bike racks at Laketran

Within the past few days, Laketran has installed bike racks on all 12 of its fixed-route buses, so all local fixed routes in Lake County are being served. Customers with questions can call Jessie Baginski, (440) 350-1008, or visit www.laketran.com.

Bike racks at Lorain County Transit

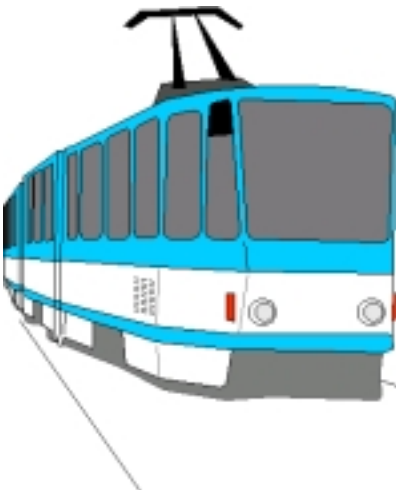
Last year, LCT purchased nine new buses, and had bike racks installed at the factory. By next year, 11 more will be added, giving LCT a total of 20 bike racks, covering 100 percent of the vehicles on fixed routes. For information, call Deborah Mohr, (440) 233-7868, or visit www.lor.net/lct.

Bike racks at Medina County Transit

Medina County has two buses with bike racks. The buses serve both the north and south loops of a fixed route in the Medina City area. Customers with questions can call John E. Jones, Director, Medina County Transit, (330) 723-9670, or visit www.medina.oh.us/transit.

Bike racks in University Circle

Officials of University Circle Inc. operate a free shuttle service called CircleLink. They have added a bike rack to a shuttle bus as part of a pilot project. More bike racks may be added in the future. For more information, call (216) 791-3900.



WESTERN RESERVE WHEELERS



COMMITTEE:

Ellie Einhorn	Howard Mayers	
Bernard Greenberg	Harold Pasternak	
Mitch Kursh	Edward Reichel	241-6930
Alvin Magid	Allen Wapnick	781-4300

1422 Euclid Avenue #1104 • Cleveland, Ohio 44115

Ride Schedule

NOTE: All Saturday rides commence at JCC with same start time as following day.

DATE	TIME	START	DESTINATION	MILES
August				
5	8:30	JCC	Solon/Sea World	29
12	8:30	JCC	Hudson Reverse	50
19	8:30	JCC	Chagrin Falls via Gates Mills/Berkshire "Club Party Ride"	26
26	8:30	JCC	Walden	36-58
September				
2	8:30	JCC	Chagrin Falls via N. Chagrin Reservation	38
3	8:30	JCC	Labor Day Pick-Up	??
9	8:30	JCC	Twinsburg	41
16	8:30	JCC	Circle Chagrin	30
October				
7	8:30	JCC	Willoughby	30
14	9:00	JCC	Lakeshore Metropark to: Madison/Geneva/ Harpersford Bridge	40
21	9:00	JCC	Cider Ride Patterson Farms	30
28	9:00	JCC	Solon via Bedford	31

NOTICE: Any nonmember guest who has not signed a release will not be considered, for insurance purposes, as a part of the club, nor will they be entitled to any protection afforded by the club insurance policy. In addition, all minors must be accompanied by an adult and must have a release signed by parent or guardian.

Yo, Wheelers...



How sweet it is! Summer has finally arrived. More riders are coming out each weekend than we have had in the past. New members are fast becoming regulars and are enjoying participation in the club.

Supporter and emcee at our dinners, **Ellie Einhorn**, is recuperating fast. She recently has been riding an indoor bicycle. Hopefully, we will see her out before the end of the season. Welcome back to **Howard Gilmore**.

Member **Mark Hoffman**, while riding in San Francisco recently, hooked up with two other riders who were riding expensive bicycles and were enjoying the sights. It was after Mark left them that he learned he had been riding with Tour de France winner **Greg LeMond!**

The new Arabica at Highland and Brainard Roads, with its large outdoor patio, is becoming the rest stop of choice on rides to the duck pond, etc. No more McDonald's.

**Sign of the times, seen on a baby tee shirt:
"Party - My Crib - 2 a.m."**

Daily Quote:

"I believe no problem is too large or so difficult that it cannot be blamed on someone else."

— Anon.

May the wind always be at your back.

— Ed Reichek

Medina County Bicycling Club

P.O.Box 844 • Medina ,OH 44258 • L.A.W. Affiliated

Contact the following for information:

President:	Tom Dease	330-725-1058	tjmd@aol.com
Vice President:	Lou Vetter	330-725-0441	bikevetter@aol.com
Treasurer:	Glen Hinegardner	330-725-8430	biker10260@aol
Ride Coord.:	Dave Schultz	330-725-0293	dsbike97@aol
Secretary:	David Miller	330-725-7928	mlrmedina@aol.com
Mtb Coord.	Linda Miranda	330-483-4512	lmiranda@mircosolutions.com

Weeknight Ride Schedule

Tues. - 6:30 p.m.: Courthouse parking lot - Call or check medinabikeclub.org

Wed. - 6:30 p.m.: Courthouse parking lot- Jefferson & E. Liberty St. (FAST 18+MPH)

Thursdays - OFF-ROADERS... Check the Web or contact Linda Miranda

Weekend Ride Schedule

Saturday - Check the Web - or call **Sunday** - Courthouse Parking Lot - Jefferson & E. Liberty St. - 8:00 a.m. Touring Group at (10 - 15 MPH) -9:00 a.m. Racing Group at (18 + MPH) Or check your email or our new web site: <http://www.medinabikeclub.org> and go to the message board.

BICYCLE HELMETS REQUIRED ON ALL OFFICIAL CLUB RIDES

Anyone interested in riding with this group or being a ride leader, please contact Ian Halliwell at 330-725-3074 or email at IHalliwell@nobleknights.com

If anyone is interested in riding any of these events please contact Tom 725-1058:

8/05-ROAST YOUR BUNS: Oberlin 70/40/25 flat

8/11-12 27th ROSECOE RAMBLE: Canal Fulton to Rosecoe Village 75/55 each day

8/12-EMERALD NECKLACE TOUR: Cleveland area 100/75/50/25

9/02-12th OX ROAST BICYCLE TOUR: West Jefferson 100/62/25

9/09-31st HANCOCK HORIZONTAL HUNDRED: Findlay 100/64/32 flat

9/15-16 MCC BIKE OHIO RIDE: Kidron 50 a day

9/22-11th KNOX COUNTY CHALLENGE: Gambier 100 / 25 miles

THE PREZ SAYS...

A very warm welcome to our newest members: David Ling, Charles Sanford, and Larry Porter. Well, the votes are in. The majority of members that responded preferred to alter our starting point from the Square to other locations. For those of you that haven't heard, the Tuesday night rides have been starting from Buckeye Woods Park. This has been a big success, so we will now try moving the starting point to additional locations. At Tom Bryerly suggestion, several of us decided to ride SUNDAY IN JUNE for the first time. The weather

was sunny and perfect, the ride scenic, challenging, well marked, and well supported. This is a definite do again. Congratulations to Shawn Conley on completing his first invitational metric century and Ryan Dease on his first half-century. A big thanks to Pat Brannon for leading a great Sunday ride to Grafton. But I regret to inform you that there was one fatality on this ride. That silly chicken should have looked both ways before crossing the road in front of Shawn the Steamroller, and Jim the Assassin. Which leads us back to the question, did the chicken cross the road to attack Shawn? Was it really self-defense Jim? For those of you that haven't been riding lately, we have been getting enough riders to split into a couple of different groups: Fast (approx. 18+ mph), medium-fast (14-17 mph), and medium (12-14 mph). By using route maps, almost everyone can ride at their own pace. Although it's been proven that this only works when you slow down long enough to read the map. Congratulations to all the MCBC members who rode GOBA this year: Sara Kibler, Paula Kasmin, the Craft family, Brian, Sara, and Annie, and John Wasko. A special thanks to Glen, Carol, Jillian, and Adrian Heingardner, and Lee Ewsichek who befriended and shepherded me and my two boys like family. There are no better friends anywhere. Thanks!

My First GOBA

Ryan Dease

Ignorance. Not knowing who I'm following, or where I'm going, just knowing that I'll have a heck of a time when I get there. Sometimes it's this ignorance, this uncertainty that gets me up the next hill. Not knowing, but wanting to. The glory of 350 miles of asphalt is mine. I feel I own this road that I worked so diligently to conquer. Sure my fellow riders boast about the whole experience, but if your're in it to look good, then your already lost. Besides, who am I going to brag to? My classmate whose most strenuous riding experience was the two blocks and 20-foot climb to the pool and back? No! I do it for myself. I do it for me. Liquid pours from my face, running down my cheeks and stinging my lips with the salty mixture of sweat and sunscreen. I pass total strangers I've come to know in the past few days through social events, standing in line, showering in the same truck (that's right, a truck), and accidentally saying on you left at the buffet. There are those that are trying to prove something to themselves, or to someone else. I'm not impressed. I am however inspired by the 80-year-old man, passing me up the hills. The hills are supposed to get easier. Yeah, right, I eat less at lunch due to the fear that I can't haul another pound up another hill. I do, though. It becomes routine, and somehow enjoyable.

Arriving in town each evening becomes an overwhelming joy. Not just because I want to rest my legs and sit in a comfortable chair, but also because of the hospitality of the locals. When you take a town of 1,000 people and add 3,000 hungry, thirsty, happy cyclists, it's like the circus just came to town. It's fun for everyone. So many new experiences, like sleeping in a tent in a thunderstorm, or standing in line at 6:00 in the morning and have someone flip pancakes at you, and stuffing all your belongings in a pack and hitting the road as the sun cuts through the morning fog. It's amazing what we take for granted each and every day. It was strange to go a week without knowing what the rest of the world was doing. At the laundromat we all crowded around the first television we had seen for quite some time just to hear the weather report before the place closed. I remember on the drive home, a convoy of military vehicles passed us in the opposite direction. Someone joked "I guess that Saddam finally put Bush over the edge." We all laughed, then wondered. The ride home was definitely quieter than the ride there. All in all the experience was a lot of fun, very fulfilling, and something I'd do again, but very much an experience.

A Letter from Vetter...

by Lou Vetter

Absolutely Beautiful Country ride (ABC): The Akron Bicycle Club's annual invitational ride started from Highland High School, Sunday, July 15. The route meandered up and down the River Styxx river valley and went as far as Apple Creek in Wayne County. The weather was beautiful and the route was beautiful thus the name of this beautiful ride in the country. As I was preparing to ride the 100-mile course Martha Zamiska invited me to join a group of Medina Club riders doing the 62-mile loop. Our group consisted of Tom Dease, Carl Biddinger, Ian Halliwell, Bill Schweinsberg, Martha Zamiska, and myself. I thought, what the heck, I can decide how far to ride at the 62-100 mile split.

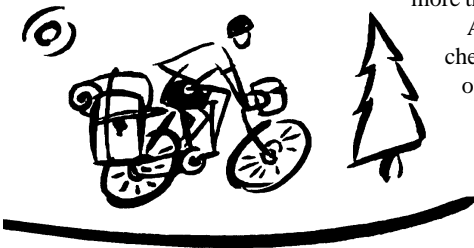
Right from the start I knew we were all going to have a good time. We joked over the starting line painted across Wilbur Road, pretending to be starting the "Tour de France." Later we discussed how well the route was marked and I tried to keep this part of the conversation going as I had painted the arrows up to the lunch stop. Then at the 25-mile split Tom Dease burst my ego by riding straight down the 25-mile route marked in day-glow yellow paint. We were supposed to be riding the orange course. Tom claims he thought yellow was for the 62-mile course but I think he just wanted to embarrass me. Later after we had gone a few more miles and had experienced more of the route marking we decided that it was well marked. In fact, we decided that if anyone were to get lost on this ride the organizers should just say, "You ARE the weakest link, good-bye!"

During the first few miles there were several hills and at the top of each hill Carl Biddinger or Tom Dease would turn around and come back to help me catch up to the group. I thought I could at least keep up with Martha but then she was keeping up with the group and I got dropped on every hill. I wasn't voted out of the group even though I was the weakest link. That convinced me to ride the 62-mile route.

At the first rest stop in Hubbard Valley Park we met one of Medina County Bicycle Club's founding fathers, Del Voss. I think the last time I saw Del was half way up Mount Mitchell about seven years ago. Del rode with us for the remainder of the ride. He said he hadn't been riding much lately but plans to do more of it now that he has the time and in fact is thinking about doing a ride across America.

The lunch stop was located in Doylestown at the Lions Park. The food was good as always and Pat Brannon told me that several riders had told her they liked the way the route was marked (yea me and the other two road painters, Bob Toma and Ed Krimmer, who did an excellent job on the rest of the course). While getting my sugar buzz from the orange drink I bumped into another longtime Medina Club member, Chuck Koenig. Chuck said he was doing the 100-mile route and it dawned on me that he had already gone 30 miles more than I had ridden and would ride another 10 miles more than I to finish the route.

After we finished and were relaxing at the check-in table I saw Chuck ride in with two other riders. They had just gone 100 miles in only 10 minutes more than it took for me to do 62. I overheard one of them say that it was a strenuous ride, and I thought to myself, at 20 miles per hour all rides are strenuous.



PDQ

Your source for race information . . .

www.pdqcleveland.org

CLEVELAND



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Every Dog Has His Day . . .

. . . and old dog **Jim Cunningham Sr.** had his on July 4, when he won the Experts 35+ category at the Medina Twin Sizzler road race . . . at the ripe age of 52! Through July 15, 34 team members had taken part in 67 events (all took place in Ohio unless noted):

Team Glenwood Communication CT, June 2 – Estlack.

Tuesday Night Training Series, Westlake:

June 12 – Estlack (5th, "B" race), Marcosson (2nd, "B" race), Miller, Riccardi

June 19 – Collander, Estlack, Hiller (2nd, "B" race), Miller

June 26 – Bosl, Collander, Estlack

July 3 – Collander (2nd, "B" race), Cunningham Jr., Estlack (3rd, "B" race), Kovach, Marcosson, Wilkinson

July 10 – Miller.

Breakaway Bicycle Club ITT Series, Kokomo IN, June 17 – Gallagher.

Team Columbus Tour of Southeast Ohio SR, June 20-23 – Ziccardi (34th, Cat. 1-3).

Pittsburgh Masters Velo Club Tour of West Deer CR Series:

Bakerstown PA, June 24 – Collander, Cunningham Jr. (4th, "B" race), Estlack

Russellton PA, July 15 – Cunningham Jr., Gallagher, Lutzke.

Team Columbus Criterium America CT Series:

Charleston WV, June 30 – Estlack (5th, Cat. 5/Citizen Men)

Groveport, July 1 – Estlack (2nd, Cat. 5/Citizen Men)

Medina YWCA Twin Sizzler RR, Medina, July 4 – Bosl (1st, Boys 12-14), Collander, Cunningham Sr. (1st, Expert Men 35+), Estlack (5th, Citizen Men 40-44), Kovach, Kriz, Miller, Stefancin, Vadini, Wilkinson.

Fitchburg-Longsjo Classic SR, Fitchburg MA, July 6-8 – Greer (1st, Cat. 4 Women and QOM).

Summit Freewheelers Total Overall Performance (TOP) Race Series:

Hampton Hills ITT, July 7 – Bosl (6th of 16 Overall), Howe

Multisport

HFP Racing Ohio Triathlon Championships, Mt. Sterling, June 3 – Miller (8th, Men 45-49).

Outer Limits Triathlon, Columbus, June 10 – Miller (1st, Men 50-54).

HFP Racing Maumee Bay Triathlon, Oregon, June 17 – Miller (2nd, Men 50-54).

Wendy's Triathlon, Delaware, June 24 – Miller (3rd, Men 50-54).

New Balance Akron Triathlon, Akron, July 8 – Miller (5th, Men 50-54).

Dannon U. S. National Duathlon Championships, Carlsbad CA, July 15 – Greer (9th, Pro Women).

NEWS

- Don't miss our **annual party** and bocce ball tournament at Dominic Vadini's house on **Saturday, August 18**, from 3 PM until ? Please call Dom at (440) 884-1294 if you plan to attend.

ERIE RACING ASSOCIATION



DAY(S) & DATE(S)	RACE NAME & TYPE*	LOCATION	CONTACT
Tues. Eves.	Tuesday Night Training Series	Westlake, OH	Chris Riccardi – 440/843-8026 10915 Windham Dr. Parma, OH 44130-1576 chris16@stratos.net
6/29 – 8/12	Criterion America Series	OH, IN, WV	Tym Tyler – 740/321-1446 P. O. Box 438 Granville, OH 43023 teamcolumbus@truesport.com, truesport.com/teamcolumbus
Sat. 8/4	Ride for Sight RR	New Waterford, OH	Bob Batchelor – 330/457-7118 5166 Bye Rd. E. Palestine, OH 44413-9713 active.com
Sun. 8/5 <i>New race!</i>	Cleveland Dog Daze CT	Cleveland, OH (Browns Stadium)	Brian Batke – 440/338-1032 15149 Hook Hollow Rd. Novelty, OH 44072 bab@cle.ab.com, or lek.net/~tris/cvv
Sat. 8/18	Welch's Harvest Classic CR	North East, PA	Dave Dennis – 814/725-1338 21 E. Main St. North East, PA 16428 lcbike@erie.net, lakecountrybike.com
Sun. 8/19	The Milk Race CR	Orrville, OH	Rich Corfman – 330/683-4393 418 S. Walnut St. Orrville, OH 44667-1967 rc27bike@zoominternet.net, or orrvillecycling.com
Sat. 8/25	Great Lakes Cycling Classic CT	East Aurora, NY	Julie Christie – 716/655-4812 103 Maple St. East Aurora, NY 14052 JulChr@att.net
Sun. 8/26	Mill Creek Park CT	Youngstown, OH	Ted Schmidt – 330/533-2991 61 Savannah Ct. Canfield, OH 44406 ted@teamglenwood.com, or www.teamglenwood.com
Sun. 8/26	Toyfest RR	East Aurora, NY	Joe Hoppy – 716/652-6092 P. O. Box 238 East Aurora, NY 14052 HOPPY.JOS@fisher-price.com

Sat. 9/1	Ohio ITT Championship	TBA	Tym Tyler as above
Sat. 9/1	Tour de Tamarack CR	Meadville, PA	Steve Bell – 814/337-4279 (days) 814/333-3143 (nights) 509 Gilmore St. Meadville, PA 16335 impr@erie.net, or sr4.xoom.com/_XMCM/nowrace/ tamarack.html
Sun. 9/2	Tour di Via Italia CT Windsor, Ontario \$12,000 CASH	Windsor, Ontario	Aldo Sfalcin – 519/252-7960 alsf@mnsi.net
Mon. 9/3	Debaets-Devos Memorial CT \$4,500 CASH	Detroit, MI	Antoon Huyghe – 810/247-9240 42918 Schoenherr Rd. Sterling Hts., MI 48313 antoonsbicycles@gateway.net, or truesport.com
Sat. 9/8	Erie Racing Association ITT Championship	Erie, PA (Presque Isle SP)	Ron Vavala – 814/922-7575 4701 Summerland Trail Erie, PA 16506-6151 ron_vavala@baxter.com, or www.picycling.org
Sun. 9/9	Tour de Strongland RR	Apollo, PA	Alan Walzak – 724/845-5426 One Parks Bend, Box 10, Suite 108 Vandergrift, PA 15690-9646 strongland@alltel.net, or www.strongland.org
Sat. 9/15	Racer's Loop ITT	Cuyahoga Falls, OH	Ben Bodnar – 330/864-9236 1783 Tanglewood Dr. Akron, OH 44313 racersloop@yahoo.com
Sat. 9/15	Pino Morroni Memorial CT	Clarkston, MI	Steve Kocik – 248/391-9361 2604 Gemini Dr. Lake Orion, MI 48360-1930 rhino11@flash.net, www.flyingrhinocc.com
Sat. 9/16 <i>9/6 entry deadline</i>	Fall ITT	Erie, PA	Sandy Morrow – 814/899-6345 2521 Bird Dr. Erie, PA 16510-1543 rsmorrow@ncinter.net
Sat. 9/22	Erie Racing Association CT Championship	Munroe Falls, OH	Rick Schwarz – 330/922-3299 352 Hillbrook Dr. Cuyahoga Falls, OH 44223-3508 R1Biker@aol.com, or summitfreewheelers.com
Sat. 9/29	U. S. Open Cycling Championships	Columbus, OH	Jay Baumeister – 614/529-4268 3602 Braidwood Dr. Hilliard, OH 43026-2406 jjbaum@tenspeeds.com

*CR – circuit race CT – criterium ITT – individual time trial RR – road race SR – stage race.

This calendar is a cooperative effort of the region's race promoters and clubs, and is intended to provide date, location, and contact information only; for the full story, contact the promoter and request an official race flyer.



Roast Your Buns Tour

Sponsored by
Lorain Wheelmen
"RAIN or SHINE"
August 5, 2001



The eight Roast Your Buns Tour will depart from the Oberlin Community Center, Oberlin, OH at 8:00 AM, on Sunday, August 5, 2001. The ride will provide distances of 25, 40, and 70 miles over flat to rolling terrain.

START-FINISH... The start-finish and registration is at the Community Center just off South Main St., Oberlin OH. If you are driving via the Ohio Turnpike, exit at gate 8 and take route 57 north to route 2. Take route 2 west to the route 58 exit and take route 58 south to Oberlin. The Community Center is just off South Main St (route 58) a short distance from Tappen Square. A map of the Oberlin area is available on our Web site at: <http://www.eriecoast.com/~lorainwheelmen>. It's in Adobe Acrobat format.

REGISTRATION ... This is a freebie ride, so no registration is necessary. A donation of \$.50 will be accepted to cover the cost of maps.

OVERNIGHT ACCOMMODATIONS ... are available at the Oberlin Inn, downtown Oberlin. For reservations, call (440) 775-1111. The Country Hearth Inn and Motel 6, located in Amherst, (approx 8 miles north of Oberlin on SR 58 at SR 2. Call (440) 985-1428 or (440) 988-3266 for reservations.

ROUTE ... The route(s) will be the same as last year except for maybe the 25 mile route. It may use a different one of the old routes. Food can be obtained along the route in the communities we pass through. The turn-around for the 75 mile route will be Savannah. This route will be rolling while the 25 & 40 mile routes are mostly flat.

SAG WAGON ... Since this is a freebie, there will be NO SAG service. Your map will provide you with the various emergency phone numbers.

WEATHER ... August weather in Lorain County is usually hot and dry, thus the name for the ride. We could however have a thunderstorm or two, especially in the afternoon.

For more information:

Call:	John Bachman (evenings) at 440.988.5016
Snail Mail:	Lorain Wheelmen, PO Box 102, Amherst OH 44001-1614
E-Mail:	lorainwheelmen@eriecoast.com
www:	http://www.eriecoast.com/~lorainwheelmen/

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LOOK PEDALS used, white, \$10; ATB, yellow, \$5. Men's shoes, size 48/13, Diadora Velcro w/LOOK cleats, used three times, \$10. Call Terry: (440) 349-1557. Email: TIdeaShop@aol.com

USED PIECES/PARTS from 25 years of riding. Small parts, derailleurs, gears, cranks, front forks, pedals, wheels, brakes from many mid-range cycles. Call Terry: (440) 349-1557. Email: TIdeaShop@aol.com

KLEIN PERFORMANCE bike: 63cm, touring geometry, rack-mount eyelets. Frame: 5.4 lbs., Shimano Ultegra STI group, Technomic stem. Black. Fully-equipped, in excellent condition. \$2,000. Call Sid Arthur: (330) 995-4656. Email: sarthur@stratos.net

LITESPEED CLASSIC 59cm frame and Kestrel EMS fork. Immaculate condition. Very low miles. \$950 or best offer. Call Rohan: (440) 572-5754.

expire August

TREK MOUNTAINTRACK 220 young person's mountain bike: 24 in. wheels, sized for under five feet tall – 7- to 11-year-olds. Burnt orange, great condition. Everything works properly. Grip Shift shifters, 18 speeds, triple chainrings, cantilever brakes. \$125. Call Martin Cooperman: (216) 932-6159.

CANNONDALE SUPER V-1000: Shimano Deore XT rear, LX on front, Sun CB17A rims, Fox rear shock, Headshox on front. Excellent condition. This randonneur wants to sell for \$1,000 or trade for 59 cm, equivalent-priced road bike. Call Mark: (440) 204-5002 or (440) 250-1931.

The logo for 'Emerald NECKLACE' features the word 'Emerald' in a stylized, cursive script font. Below it, the word 'NECKLACE' is written in a bold, black, sans-serif font. A large, grey, stylized letter 'K' is positioned to the right of the text, partially overlapping the word 'NECKLACE'.

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